

# Life Curriculum by Charles Paul Collins Earns Five-Star Review from The International Review of Books

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DUBLIN, IRELAND, December 26, 2025 /EINPresswire.com/ -- "Life Curriculum is a supremely-practical reference guide for anyone interested in intentional personal development.

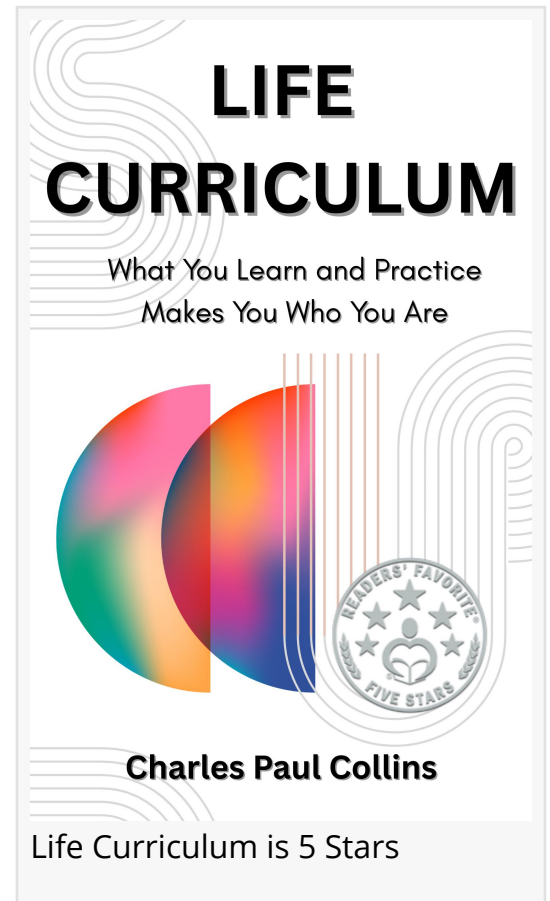
Built around the framework of "Life Crafting," the book has a clear premise: a successful life is best achieved through design rather than chance. It can be read sequentially as a comprehensive guide or utilised selectively, allowing readers to explore topics relevant to their current circumstances.

The book speaks to individuals at many life stages, from apprentices grappling with skill selection and direction, to experienced mentors concerned with stewardship and legacy. This scope creates continuity, reinforcing the idea that personal development is a lifelong process rather than a finite project.

The content is organised around core domains of everyday life, including family and heritage, household management, finances, and the inner and outer dimensions of the self. These areas are broken down further, with particular attention paid to the role of culture, values, and heritage in shaping meaningful choices. Tools form an important part of the content, with practical advice as their basis.

In addition to clear, accessible text, the reader is supported through diagrams, mapping exercises, questionnaires, journals, and check sheets. Regular "Life Curriculum checkpoints" and places of reflection encourage pause, helping readers blend insights.

The author's subject-matter expertise is evident throughout. Even readers well versed in



personal development will find fresh perspectives and useful reminders, making this a book worth revisiting. Overall, Life Curriculum is a well-rounded, thoughtfully constructed guide that offers lasting value to a wide readership and one I would highly recommend." [The International Review of Books](#).

## Where to Find Life Curriculum

Available globally on [Amazon Books](#), this nonfiction personal development guide has generated significant buzz and received high praise from critics who describe it as “a groundbreaking guide that introduces you to a systematized approach to personal development modeled after ancient craft traditions and modern organizational excellence.”

## About Life Crafting

“Life Crafting” is taught in colleges and universities worldwide—including Harvard University, the University of California, Berkeley, and Erasmus University Rotterdam—and is fundamentally changing the landscape of personal development education in the twenty-first century.

More than thirty years ago, Charles Paul Collins began researching and writing on Life Crafting as a comprehensive framework for personal development. Life Crafting helps individuals understand how all aspects of their lives interconnect—akin to seeing the cover of a jigsaw puzzle box and grasping the big picture.

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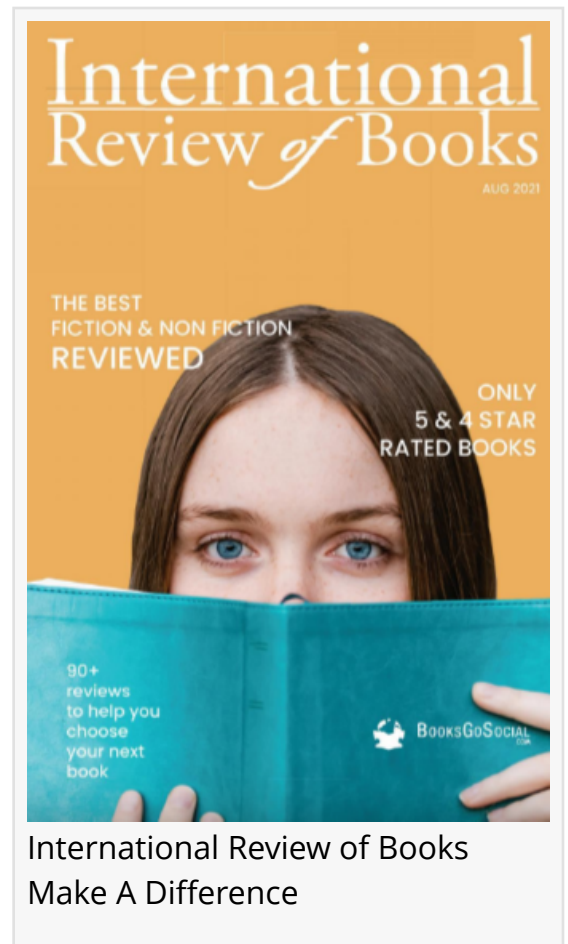
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*The International Review of Books*

In addition to his highly regarded Life Crafting Masterclass, which has enrolled over 3,400 Udemy students, Collins offers the Life Crafting Journal on Medium.com, and the Life Crafting Podcast on Spotify—expanding his reach and impact among lifelong learners and personal growth communities.

## Where to Learn More

Readers can explore additional reviews, the author’s biography, news and more at Google's Knowledge Panel on Charles Paul Collins, and at the author's website -



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