From Oklahoma to Mars: A Patented, AI-Orchestrated System Takes Aim at Deep Sleep in Deep Space

AI-orchestrated process for neuroacoustics to stabilize circadian rhythm, focus, and recovery during long-duration space missions and other extreme environments

Human settlement on Mars

TULSA, OK, UNITED STATES, December 28, 2025 /EINPresswire.com/ -- As space agencies and commercial operators accelerate plans for long-duration missions to the Moon and Mars, one human risk has moved to the forefront: the breakdown of circadian rhythm and deep sleep when natural day–night cues disappear. A newly disclosed patented system developed in Oklahoma addresses this challenge with an AI-orchestrated process that treats sleep and cognitive stability as mission-critical infrastructure.

> Neuroacoustics, orchestrated by AI, enable a drug-free approach to circadian regulation in extreme environments”
>
> *John Orton*

Rather than inventing new neuroacoustic signals, the invention focuses on when, where, and how neuroacoustics are deployed using artificial intelligence as an orchestration and decision layer. The system intelligently times and delivers neuroacoustic stimulation via an external, scientifically validated engine such as NuCalm, aligning human neurological states with mission demands across weeks, months, or longer.

Space is an unforgiving environment for the human nervous system. Launch forces, microgravity, isolation, confined quarters, and continuous high-stakes decision-making compound the effects of circadian disruption. While spacecraft systems have advanced dramatically, human-state regulation has largely depended on training and resilience alone.

This patented, AI-orchestrated process changes that paradigm.

From Sound to System

The invention does not claim ownership of neuroacoustic content, frequencies, or signal-generation technologies. Instead, it protects the process and system for orchestrating neuroacoustic interventions across operational phases, including:

- Pre-event regulation (e.g., launch, docking, EVA preparation)
- In-event cognitive stabilization during complex or high-risk tasks
- Post-event decompression and recovery following acute stress
- Circadian rhythm and deep-sleep support in microgravity and long-duration missions

By separating the engine from the process, the system remains vendor-agnostic, future-proof, and adaptable, while leveraging best-in-class neuroacoustic platforms already validated on Earth.

“Neuroacoustics work well on Earth, but deploying them at the right time and for the right purpose in high-stress, long-duration environments is far more complex,” said John Orton, CEO of IPEX Health. “AI serves as the orchestration layer, governing timing, context, and delivery, while respecting existing IP and unlocking entirely new mission-critical use cases.”

Designed for Months Without Sunrise

While Mars missions dominate current headlines, the patented system was designed for any environment where circadian rhythm is disrupted or absent altogether, including:

- Space stations, Lunar & planetary bases, and Mars transit vehicles
- Nuclear submarines and undersea facilities
- Polar research stations and remote underground operations
- Long-haul aviation, rotating-shift crews, and high-stress command centers

For space agencies and aerospace partners, the system represents a human-centered upgrade, a new layer of mission design that treats deep sleep, cognitive stability, and emotional regulation as operational assets.

Human Performance as Mission Infrastructure

As missions extend farther from Earth and durations stretch from weeks to months, and eventually years, the ability to intentionally regulate the human nervous system may prove as vital as propulsion, shielding, and life support.

This patented, AI-orchestrated process does not replace training or discipline. It augments them quietly, continuously, and precisely, helping astronauts and operators remain focused, rested, and resilient when Earth is far away, and the margin for error approaches zero.

About IPEX Health

IPEX Health LLC is a healthcare and human-performance technology company focused on reduced-pharmacological, science-based interventions that improve outcomes across healthcare, enterprise, and high-stress operational environments. Its portfolio spans neuroacoustic integrations, pharmacogenomics programs, and advanced communications-layer innovations.

Media Contact
John Orton
CEO, IPEX Health
IPEX@ipex.health
+1 (539) 208-8600

John Orton
IPEX Health
email us here
Visit us on social media:
LinkedIn
