

Real Estate Expert Laurie Bouwman of Interlochen, MI, Talks About Activities to Enjoy on the Water for HelloNation

What helps people understand why life in Interlochen feels so deeply shaped by its lakes and outdoor rhythm?

INTERLOCHEN, MI, UNITED STATES, January 2, 2026 /EINPresswire.com/ -- What helps people understand why life in Interlochen feels so deeply shaped by its lakes and outdoor rhythm? According to [a HelloNation article](#), the answer comes from the blend of quiet mornings, open water, and simple routines that bring residents closer to the shoreline each day. Real Estate Expert Laurie Bouwman of Interlochen explains how these water activities help define the area and why they continue to play such a strong role in daily life for many who choose to live near the lakes.



Laurie Bouwman

The feature begins by exploring how mornings often unfold in Interlochen. Calm water reflects early light, and residents take advantage of these still moments with paddleboarding or kayaking. Bouwman notes in the article that these activities give people a chance to start the day slowly and with intention. The keyword Interlochen appears throughout the feature because the landscape and the lakes shape the experience in a very specific way. The routines described in the article reflect not only recreation but also the lifestyle that attracts people to this part of northern Michigan.

The HelloNation article explains that kayaking on Duck Lake or Green Lake offers different experiences depending on where someone chooses to go. Duck Lake feels long and narrow, almost like a corridor, while Green Lake has wider stretches that allow for broad, sweeping routes. Bouwman helps readers understand that these differences give residents more choices in how they spend their mornings. She describes how each lake brings a sense of calm and how

the slow rhythm of paddling helps people appreciate their surroundings.

Paddleboarding also plays a central role in the feature, with the article highlighting how easy it can be for beginners to learn on calm water. Bouwman explains that early morning typically brings less wind, which helps create ideal conditions for steady balance and smooth movement. Many new residents try paddleboarding as a way to connect with the water at a comfortable pace. The article notes that from a standing position, people gain a wider view of the shoreline and the sky, giving them a different way to observe Interlochen as the day begins.

Fishing receives significant attention in the HelloNation article as well, especially on Long Lake. Bouwman shares how the depth of the lake creates strong conditions for bass and pike, drawing anglers from the region. She explains that families often pass down fishing traditions, creating shared memories tied to favorite spots along the lake. The article describes fishing as both an activity and a form of quiet reflection. It helps people slow down and settle into the natural rhythm that Interlochen is known for.

Boating becomes another way residents enjoy their time on the water. The article notes that pontoons remain a favorite option because they move easily, offer space for groups, and encourage relaxed gatherings. Bouwman comments that many residents plan evenings around slow cruises that let them watch the colors shift across the lake. Interlochen is presented as a place where people can move between peaceful moments and social ones without leaving the water.

For those who prefer more speed, the article describes tubing and water skiing on Long Lake and Green Lake. These activities create bursts of energy that contrast with the calm paddling described earlier. Bouwman helps readers understand how these lakes provide enough open water for safe movement and for families to enjoy faster-paced fun. Early morning remains the best time for skiing, since smoother water creates more predictable rides.

Swimming adds yet another layer to daily life in Interlochen. Many homes include docks that extend into clear, shallow water, making it easy for families to step in whenever they choose. Bouwman explains that some of the most memorable lake moments come from these simple routines. The article shows how entire summer days unfold around the shoreline as people cool off, float, or gather to watch the sun set behind the water.

Throughout the HelloNation feature, Bouwman explains that lake life in Interlochen adapts easily to different moods and energy levels. Some days begin with quiet paddleboarding, while others end with boating or swimming. The lakes offer room for stillness, activity, and connection, and these choices help shape how residents plan their mornings and evenings. The article emphasizes that over time, people begin to see the lakes as part of their daily rhythm and part of what makes their home feel complete.

The article titled [Activities to Enjoy on the Water](#) features insights from Laurie Bouwman, Real

Estate Expert of Interlochen, MI, in HelloNation.

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