

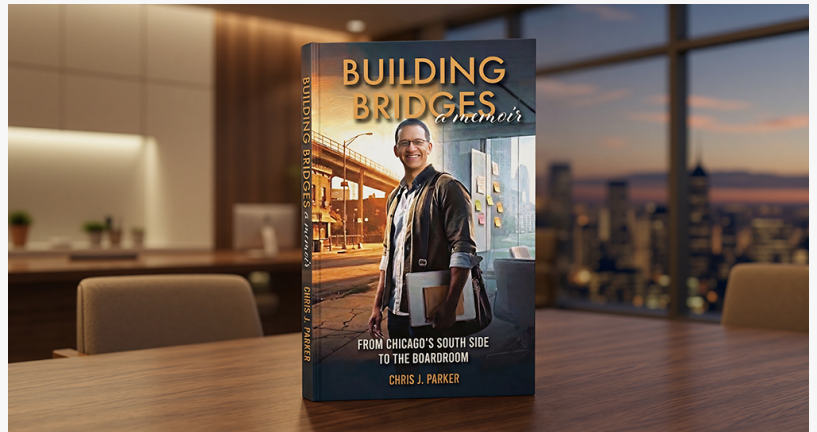
Building Bridges – A Memoir eBook Now Available

A powerful memoir of race, identity, and resilience—tracing one man's journey from Chicago's South Side to the boardroom.

SEATTLE, WA, UNITED STATES, January 7, 2026 /EINPresswire.com/ -- [Building Bridges – A Memoir](#) eBook Now Available

Paperback Edition to Follow February 20 During [Black History Month](#)

Author and creative technologist [Chris J. Parker](#) announces the release of the eBook edition of Building Bridges – A Memoir, now available via BookBaby. The paperback edition will follow on February 20, intentionally timed to coincide with Black History Month.



A new memoir by Chris J. Parker exploring race, identity, and the quiet labor of navigating life between worlds.

“

At its heart, this book is about the spaces between things—between race and class, where you come from and where you end up, and the person you're expected to be versus who you are.”

Chris J. Parker

Building Bridges – A Memoir is a deeply personal exploration of identity, resilience, and the often invisible work of navigating between worlds—race, family, culture, ambition, and belonging. Raised on Chicago's South Side by a Black father and a white mother struggling with mental illness, Parker learned early that survival often required translation. Those early experiences shaped a life spent moving between spaces that rarely overlap.

Through intimate storytelling and reflection, Parker traces a journey from childhood confusion and quiet trauma to

adulthood defined by creative reinvention, leadership, and self-acceptance. Rather than a traditional success narrative, Building Bridges offers an honest meditation on becoming whole—honoring where you come from while learning how to stand in multiple worlds without disappearing.

The eBook edition is available now via BookBaby:

<https://store.bookbaby.com/book/building-bridges1>

The eBook will also be released soon on Amazon Kindle, Apple Books, Kobo, and additional digital retailers.

The paperback edition, arriving February 20, extends the memoir's impact during Black History Month—centering stories of perseverance, complexity, and the lifelong process of becoming.

Building Bridges – A Memoir will resonate with readers interested in identity, leadership, creativity, and the human experience of crossing boundaries others take for granted.

About the Author

Chris J. Parker is a Seattle-based writer, creative leader, and technologist whose work spans storytelling, music, and visual art. Over the course of his career, he has founded startups and held leadership roles at global organizations including IBM, Microsoft, Amazon, and T-Mobile.

Across corporate boardrooms and entrepreneurial ventures alike, Parker's work has focused on bridging technology, business, and human experience. That same sensibility informs his writing, which explores identity, resilience, and the emotional architecture of navigating between worlds.

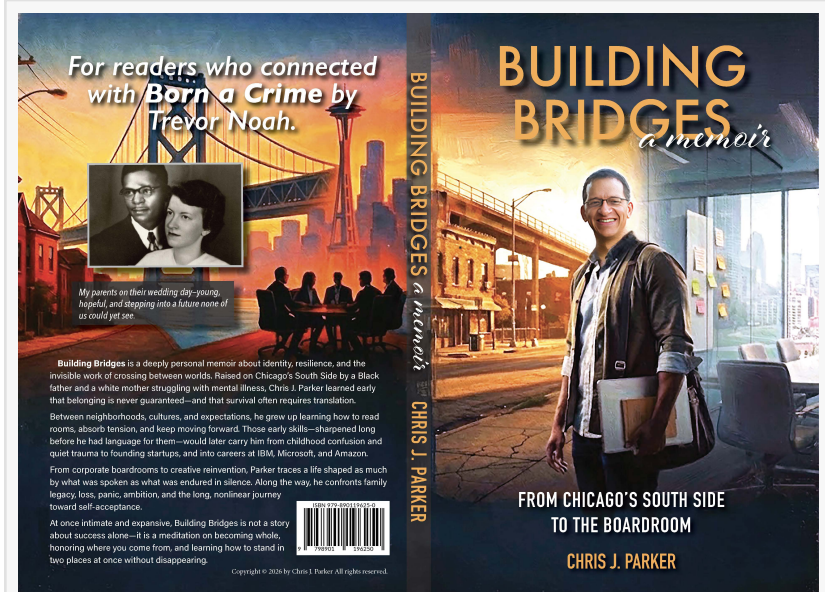
Chris J. Parker

Chris J. Parker

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Front and back cover design of Building Bridges – A Memoir, tracing a journey from Chicago's South Side to the boardroom.



Chris J. Parker's parents on their wedding day—young, hopeful, and stepping into a future none of them could yet see.

This press release can be viewed online at: <https://www.einpresswire.com/article/880062794>

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