

Dr. Wahid Antoine Beserini Challenges Modern Medicine With a Bold New Theory on Humanity's Hidden Pandemic

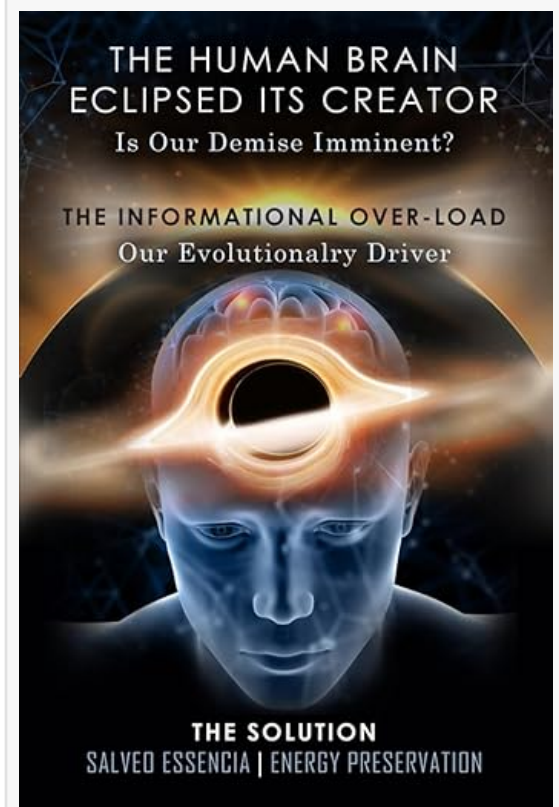
A physician-scientist warns that information overload and evolutionary mismatch are fueling global disease, anxiety, and societal collapse worldwide.

NEW YORK CITY , NY, UNITED STATES, January 5, 2026 /EINPresswire.com/ -- In *How Humanity's Swift Successes Are Causing Its Ills: Is Our Demise Imminent?*, physician-scientist Dr. Wahid Antoine Beserini, MD, FACC, presents an interdisciplinary examination of how rapid technological and societal advancement may be contributing to rising levels of disease, anxiety, and large-scale social dysfunction. The book explores emerging scientific concepts and theoretical frameworks that challenge conventional understandings of human health and modern civilization.

Drawing from medicine, neuroscience, evolutionary biology, and physics, Dr. Beserini outlines a central hypothesis: that the modern human nervous system may be under increasing strain due to a mismatch between its evolutionary development and the volume of information it is now required to process. He examines how this imbalance, particularly in high-stimulus environments, may influence neurological regulation, behavior, and long-term health outcomes.

Within the book, Dr. Beserini discusses research suggesting that while the human brain is capable of sensing vast amounts of sensory input, conscious cognitive processing remains comparatively limited. He explores how this disparity may contribute to chronic neurological stress and how sustained exposure to high levels of information could affect emotional regulation, decision-making, and physiological systems over time.

The work further examines how prolonged neurological stress may impact brain efficiency and adaptive responses. Dr. Beserini introduces the concept of Temporal Order Recognition Memory



The Human Brain Has Eclipsed It's Creator by Dr. Wahid Antoine Beserini

(TORM) as a proposed mechanism involved in sequencing experience, memory, and response. He explores how disruption within this process could be associated with anxiety-related conditions, maladaptive behaviors, and broader systemic effects within the body, while acknowledging the need for continued research in this area.

Beyond individual health, the book extends its analysis to global challenges, including social instability, conflict, environmental degradation, and public health concerns. Dr. Beserini presents these issues not as isolated phenomena, but as interconnected outcomes potentially influenced by how human systems process information, allocate energy, and maintain balance. He draws conceptual parallels between biological systems and broader physical principles, emphasizing efficiency, balance, and conservation as recurring themes across natural systems.

Throughout the book, Dr. Beserini underscores the importance of proactive, coordinated approaches to addressing these challenges. He argues that understanding the neurological and informational pressures facing modern society may be essential for developing more effective long-term strategies for human health and sustainability.

As part of this discussion, Dr. Beserini introduces Salveo Essencia, a conceptual framework focused on restoring balance across mental, physical, and emotional domains. Rather than a single treatment or doctrine, the framework is presented as an integrative approach intended to support resilience, efficiency, and well-being in an increasingly complex world.

How Humanity's Swift Successes Are Causing Its Ills: Is Our Demise Imminent? is now available.

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