

# Economic Outlook Commentary on Fed Policy & Gold

*American Bullion's President provides expert commentary on Federal Reserve interest rate policy and its implications for precious metals in 2026.*

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Amid continued debate over the Federal Reserve's interest rate trajectory, [American Bullion](#) President Nevtan Akcora has issued an investor advisory highlighting the historical relationship between monetary policy uncertainty and precious metals performance.



With the Federal Reserve signaling a cautious approach to rate adjustments in 2026, investors face a complex environment characterized by persistent inflation above the Fed's 2% target, elevated equity valuations, and geopolitical tensions affecting global markets.

"Periods of monetary policy ambiguity have historically favored hard assets," stated Akcora. "When central bank direction remains unclear, sophisticated investors often increase allocations to tangible stores of value that operate independently of interest rate sensitivity."

Akcora noted that [gold's](#) 65% gain in 2025 occurred alongside a rate environment that saw multiple policy reversals and forward guidance adjustments. This pattern, he observed, reflects institutional recognition of precious metals as portfolio insurance during uncertain policy regimes.

Key considerations for investors include:

Real interest rates (nominal rates minus inflation) remain historically low

Central bank gold purchases reached record levels in 2025

Currency volatility increases demand for non-sovereign assets

Debt-to-GDP ratios in major economies continue to expand

American Bullion recommends that investors consult with financial advisors to determine appropriate precious metals allocations based on individual risk tolerance, time horizon, and portfolio composition.

#### About American Bullion

American Bullion is a trusted precious metals dealer specializing in physical gold and silver investments, including Gold and Silver IRAs. The company serves individual investors seeking portfolio diversification through tangible assets.

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