

Santa Clarita Behavioral Health Opens New Treatment Center Serving Santa Clarita, Los Angeles, and California

SANTA CLARITA, CA, UNITED STATES, January 7, 2026 /EINPresswire.com/ -- [Santa Clarita Behavioral Health](#) proudly announces the opening of its new outpatient behavioral health treatment center in Santa Clarita, California. The center is dedicated to expanding access to compassionate, evidence-based mental health, addiction, and [eating disorder treatment](#) for individuals throughout the Santa Clarita Valley, the greater Los Angeles area, and across California.



Santa Clarita Behavioral Health was founded by individuals with lived experience of addiction and mental illness. Their personal journeys through adversity, loss, and healing inspired a mission to provide high-quality, accessible care rooted in empathy and clinical excellence. The program was created to be more than a treatment center. It is a supportive community designed to help individuals heal, grow, and build sustainable wellness.

The center offers [outpatient levels of care](#), including Partial Hospitalization Programs (PHP) and Intensive Outpatient Programs (IOP), delivered in person at its Santa Clarita facility as well as through secure virtual and hybrid options. These flexible formats allow clients to receive structured treatment while maintaining work, school, and family responsibilities.

Santa Clarita Behavioral Health provides comprehensive treatment for a wide range of conditions, including depression, anxiety, PTSD and trauma-related disorders, mood and personality disorders, substance use disorders, dual diagnosis, and process addictions. The program also offers specialized adult outpatient eating disorder treatment for anorexia nervosa, bulimia nervosa, and binge eating disorder. Services integrate structured eating support, nutritional counseling, psychiatric care, and evidence-based therapies.

Treatment is individualized and grounded in a whole-person approach that addresses mental, emotional, and physical health. Services include individual and group therapy, medication management, case management, and evidence-based modalities such as Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT),

psychodynamic therapy, and trauma-informed care.

Santa Clarita Behavioral Health accepts most major private and commercial insurance plans and offers a streamlined admissions process with 24/7 availability to help individuals begin treatment as quickly as possible.

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Santa Clarita Behavioral Health

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