

Mosaic Digest Celebrates Diverse Literary Voices Featuring Bestselling Authors L.E. Summers and Alexis Anicque

Bestselling authors L.E. Summers and Alexis Anicque share inspiring stories of compassion, adventure, and empowerment in Mosaic Digest's latest issue.

LONDON, UNITED KINGDOM, January 8, 2026 /EINPresswire.com/ -- [Mosaic Digest](#), the global publication renowned for its slogan "Every Story, Every Angle," is proud to announce the release of its highly anticipated latest issue. This edition highlights a heartfelt and in-depth dual interview with two literary powerhouses: bestselling author [L.E. Summers](#), celebrated for their poignant contributions to dementia care literature, and acclaimed author [Alexis Anicque](#), known for her inspiring blend of real-life adventures and magical storytelling.

The new issue is now available in print across 190 countries, select bookstores in the U.S., UK, and beyond, as well as on digital platforms. Mosaic Digest continues its mission to illuminate exceptional talent and extraordinary stories, giving space to voices that educate, inspire, and engage.

L.E. Summers: A Voice of Compassion and Empowerment for Caregivers

Widely praised for their transformative work on dementia care, bestselling author L.E. Summers shares a deeply personal and inspiring interview. Drawing from their own experience as a caregiver during the COVID-19 pandemic, Summers reflects on the emotional and practical journey that led to the creation of their bestselling trilogy:

Compassionate Care: Navigating Dementia Together
Compassionate Care: A Practical Handbook for Dementia Caregiving

The cover of Mosaic Digest Issue 5, January 2026. It features a collage of portraits of authors: Kristel Baldoz, Buket Erdogan, Mary Alice Molgard, Janna Yesanova, Hale Ekinici, and Perry Offer. The title "MOSAIC DIGEST" is prominently displayed in the center. The tagline "Boundless Brilliance Stories That Inspire" is at the top right. The issue number and date are at the bottom right.

Spotlight on storytelling: Mosaic Digest's latest issue features compelling interviews with literary trailblazers L.E. Summers and Alexis Anicque.

Compassionate Care: Accepting the Dementia Diagnosis

"Caregiving can make you feel incredibly isolated," Summers states in the interview. "With their books, they hope to provide practical guidance and emotional validation, helping caregivers feel less alone and reassuring them that their feelings and struggles are normal."

Summers highlights critical tools like the DICE model and underscores the importance of self-care, support systems, and resilience for caregivers. Their work has earned high praise from Mosaic Digest: "Their dedication to helping caregivers maintain their well-being while providing compassionate care is both inspiring and invaluable."

Through their books and advocacy, Summers has become a vital voice in creating a dialogue around the challenges of caregiving, breaking the silence that often surrounds this life-altering task.

Alexis Anicque: A Storytelling Adventurer Inspiring Bold Living

Mosaic Digest is equally thrilled to feature an exclusive interview with Alexis Anicque, an acclaimed author and adventurer known for her compelling mix of personal experience and enchanting narratives. In the interview, Anicque offers a deep dive into her distinctive storytelling style, her life aboard a sailboat, and her celebrated works, including her non-fiction series *Our Alternative Lifestyle Adventure Stories* and the novel *Finding Famous*.

"I wanted to be an inspiration for others to live their dreams," Anicque shares candidly. "Life is so fleeting, and I hope I help others to choose not to have regrets and take opportunities to live every moment."

Renowned for her ability to seamlessly traverse the worlds of fiction and non-fiction, Anicque invites readers to courageously embrace life's untold possibilities. Mosaic Digest praises her for "weaving authenticity, magic, and inspiration into stories that encourage readers to reflect,



L.E. Summers discusses her journey as an author, exploring themes of resilience and the transformative power of storytelling.



Alexis Anicque shares her creative process and the inspiration behind her groundbreaking works.



You cannot provide
compassionate care when
you are stressed and
running on empty.”

L.E. Summers

dream, and act.”

A Celebration of Thoughtful Voices and Authentic Perspectives

Mosaic Digest’s latest issue celebrates the unique perspectives of these two extraordinary authors. Through their shared passion for storytelling and commitment to

enriching lives, both Summers and Anicque exemplify the transformative power of words to inspire change and provoke meaningful reflection.

Dive deep into these enriching interviews to discover wisdom, inspiration, and a call to action: whether it’s creating a dialogue around dementia care or empowering readers to embrace life’s adventures without regret.

About L.E. Summers:

L.E. Summers is an acclaimed author, speaker, and advocate for caregivers, specializing in dementia care. Drawing from their personal experiences, they have penned a trilogy of insightful books that guide and empower those caregiving for loved ones with dementia. Their work has touched countless lives, providing the tools and support that caregivers need to navigate their challenging journeys.

About Alexis Anicque:

Alexis Anicque is an adventurous storyteller and accomplished author whose works inspire readers to embrace life’s thrilling experiences. She is known for her captivating narratives that blend personal adventures with magical elements, encouraging her audience to live authentically and courageously.

About Mosaic Digest:

Mosaic Digest is a global publication dedicated to amplifying unique voices and diverse perspectives. Covering a broad range of fields, from literature and art to business and fashion, the magazine reaches readers in over 190 countries through print and digital platforms. Dive into the conversations that matter by exploring Mosaic Digest’s latest issue.

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