

New Data: Small Businesses Waste 15 Hours Weekly on Repetitive Tasks—Here Is the 5-Hour AI Fix

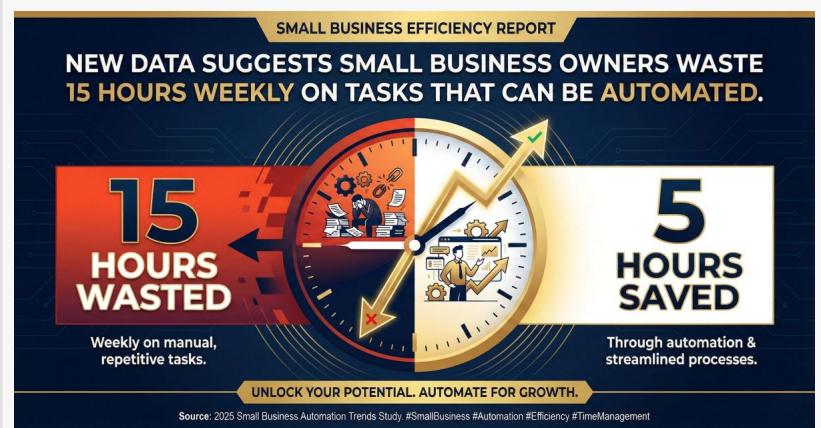
Expert AI Prompts releases a new efficiency report and free AI toolkit helping small business owners reclaim 15 hours of lost productivity weekly.

TOWNSVILLE, QUEENSLAND, AUSTRALIA, January 13, 2026 /EINPresswire.com/ -- Expert AI Prompts, a leading media publishing house for artificial intelligence business solutions, today released a new efficiency report addressing the growing crisis of "Time Poverty" among solopreneurs. The report highlights that small business owners are losing upwards of 15 hours every week on low-leverage, repetitive administration—a bottleneck that can now be solved with specific AI frameworks.

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The difference between a generic AI result and an expert one is context. Our '5 Expert Prompts' pack is designed to front-load that context so the AI acts like a senior employee, not a junior intern.”

Founder, Expert AI Prompts



New data suggests small business owners waste 15 hours weekly on tasks that can be automated.

To combat this, the company has released a complimentary resource: "5 Expert AI Prompts That Save 5 Hours This Week," designed to help founders immediately reclaim lost productivity.

While 78% of SMBs plan to adopt AI in 2026, many struggle to move beyond basic "chat" functions, resulting in generic outputs that require heavy editing. This new toolkit moves beyond novelty, treating AI as a strategic partner capable of handling complex workflows.

The "5-Hour Fix" for the Overworked Entrepreneur

The newly released guide addresses the specific pain point of the "Alex Rivers" persona—the ambitious but overextended business owner juggling client delivery, marketing, and operations.

"Most business owners are not failing with AI because the technology is poor; they are failing because their context is missing," said the Founder of Expert AI Prompts. "We found that entrepreneurs are wasting valuable strategic time on tasks like drafting emails, writing social captions, and formatting documents. Our new prompt pack is not just a list of questions; it is an efficiency engine designed to give those 15 hours back to the business owner."

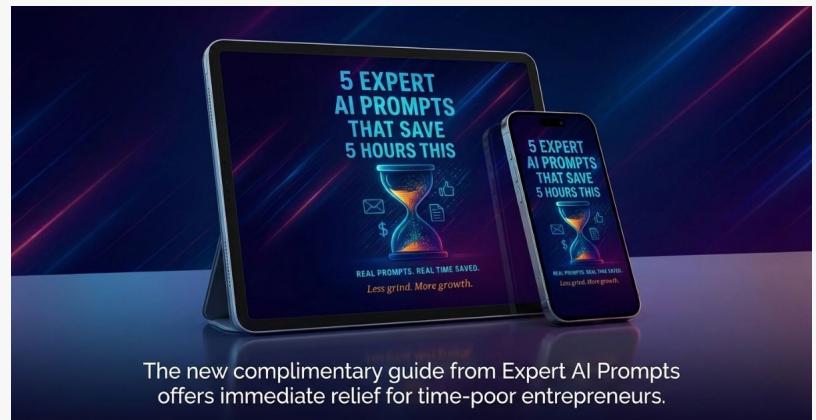
The "5 Expert AI Prompts" toolkit includes engineered frameworks for:

- Client Communication: reducing email drafting time by 80%.
- Social Media Content: generating high-quality posts without the "blank page" stare.
- Ad Copy Generation: creating high-converting copy instantly.

Moving From "Novelty" to "ROI"

This release is part of Expert AI Prompts' "New Year, New Systems" initiative, which aims to validate the problem of time poverty and provide tangible solutions. By focusing on "hard cash" and "time saved" rather than just the coolness of the technology, the company is shifting the narrative toward clear Return on Investment (ROI) for the small business economy.

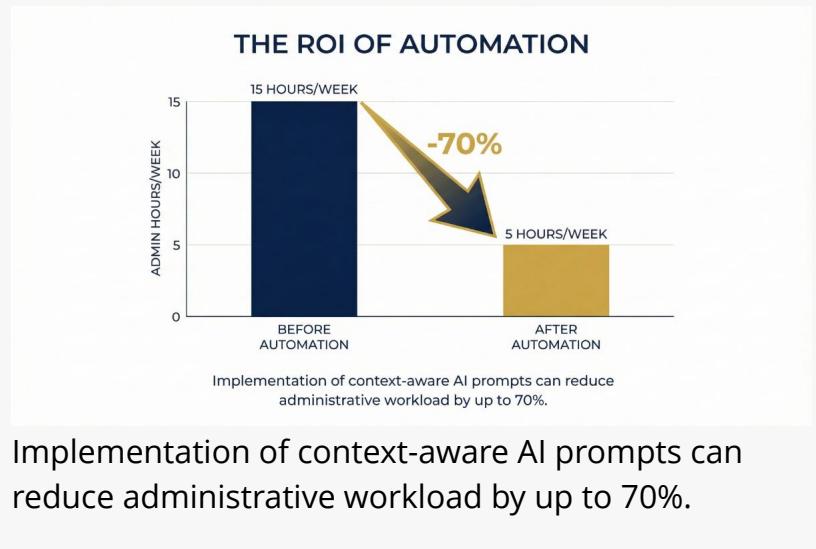
"Efficiency is the new currency for the modern solopreneur," the Founder added. "If you can automate the grunt work, you free up mental bandwidth for growth. This free guide is the first step in that transition."



The new complimentary guide from Expert AI Prompts offers immediate relief for time-poor entrepreneurs.



Reclaiming time allows solopreneurs to focus on strategy rather than administration.



The "5 Expert AI Prompts That Save 5 Hours This Week" guide is available for immediate download at:
<https://expertaiprompts.com/free-prompts-save-5-hours-this-week>.

About Expert AI Prompts

Expert AI Prompts is a premier provider of industry-specific AI workflows and education. Treating AI prompts not as a product shop but as a media publishing house, the company empowers small business owners to scale operations, improve content quality, and compete with industry leaders.

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