

# Marriage on the Brink Expands Trauma-Informed Relationship Services to Support Healing, Reconnection, and Stability

UT, UNITED STATES, January 22, 2026 /EINPresswire.com/ -- [Marriage on the Brink](#), a relationship recovery and family systems practice serving individuals, couples, and families navigating high-conflict and emotionally complex relationships, today announced the expansion of its [comprehensive therapeutic and course-based services](#). The organization provides specialized support in couples counseling, narcissistic abuse recovery, coercive control dynamics, betrayal trauma, co-dependency, and court-ordered family reunification.

Designed for individuals and families facing relational breakdown, emotional trauma, or prolonged conflict, Marriage on the Brink blends evidence-informed therapy models with structured education to help clients move beyond crisis and toward long-term stability and healthy connection.

“Our mission is to help people move from survival mode into sustainable healing and healthy relationships,” said founder and licensed therapist, Brian Lewis. “Many of our clients are navigating deeply complex dynamics — including abuse recovery, fractured parent-child relationships, and high-conflict co-parenting. We provide clinically grounded support that restores emotional safety, personal agency, and family stability.”

## Comprehensive Relationship & Recovery Services

Marriage on the Brink offers a wide range of professional services tailored to individual needs, including:

### Couples Counseling & Relationship Repair

Support for communication breakdown, trust rebuilding, boundary setting, and conflict resolution

Trauma-informed approaches for betrayal recovery and emotional safety

Guidance for rebuilding healthy relational patterns and long-term resilience

### Narcissistic Abuse & Coercive Control Recovery

Education on recognizing manipulation, gaslighting, isolation, and psychological control

Recovery support addressing trauma symptoms, self-worth rebuilding, and personal autonomy

Safety-centered strategies and emotional stabilization for survivors

## Family Systems & Reunification Services

Court-ordered and voluntary reunification therapy for estranged parent-child relationships

Family systems therapy addressing entrenched conflict patterns and emotional safety

Co-parenting education and conflict reduction strategies

Child-focused therapeutic pacing guided by mental health professionals and court oversight when applicable

These services are delivered through licensed clinicians and trained professionals using family systems therapy, trauma-informed care, and structured therapeutic models designed to support measurable progress and long-term outcomes.

## About Marriage on the Brink

Marriage on the Brink is a relationship recovery and family systems practice dedicated to helping individuals, couples, and families navigate emotional trauma, high-conflict dynamics, and relational breakdown. Through therapy, education, and structured recovery programs, the organization supports sustainable healing, personal empowerment, and healthier family systems.

For more information about services and programs, [visit marriagesonthebrink.com](https://www.marriagesonthebrink.com).

Stephen Olmon

Unlimited Content

+44 7799 180194

[email us here](#)

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