

# Influential Women Highlights Judy Mejido, DMD, PA, a Dental Care Leader Dedicated to Comfort, Confidence, and Oral Care

MIAMI, FL, UNITED STATES, January 22, 2026 /EINPresswire.com/ -- Transforming Lives, One Smile at a Time Through Compassion, Innovation, and Patient-Centered Dentistry in Miami

Judy Mejido, DMD, a highly respected general and family dentist, proudly leads A1Care Dental, where she and her dedicated team provide exceptional and compassionate dental care to patients of all ages in the Miami, Florida community. With a commitment to personalized treatment and the use of state-of-the-art technology, Dr. Mejido ensures that every patient receives the highest quality of dental care tailored to their specific needs.

Born and raised in Yonkers, New York, Dr. Mejido's passion for dentistry was ignited at an early age, thanks to her parents' ownership of a dental laboratory. This unique upbringing offered her invaluable hands-on experience and insight into the dental field, solidifying her desire to pursue a career in dentistry. After completing her undergraduate studies at Barry University and working as a dental assistant in Miami, Dr. Mejido earned her Doctor of Medicine in Dentistry from the University of Florida College of Dentistry in 1993. She further honed her skills during a residency at Mount Sinai Medical Center in Miami Beach, specializing in comprehensive dental care.

In 1997, Dr. Mejido realized her dream of establishing her own practice, which has now evolved into A1Care Dental, located in the Kendall/West Miami area. The clinic has become a modern facility equipped with advanced dental technologies, offering a wide range of services including Invisalign, dental implants, crowns, veneers, and cosmetic dentistry.

Dr. Mejido attributes her success to a solid educational foundation, a steadfast commitment to



exceptional patient care, and an unwavering dedication to safety in every procedure. By embracing advanced technology and continually refining her skills, she delivers dental services of the highest quality. Yet, what Dr. Mejido finds most rewarding is the ability to make a meaningful difference in her patients' lives—helping them achieve healthy, confident smiles while fostering a welcoming, positive atmosphere in her practice.

For young women entering the dental field, Dr. Mejido encourages pursuing goals with determination, curiosity, and a lifelong commitment to learning. She stresses the importance of giving back through teaching and mentorship, nurturing both personal growth and the development of the broader dental community. Today, she identifies one of the greatest challenges—and opportunities—as balancing personalized, high-quality care with creating an environment where patients feel comfortable, respected, and free of anxiety. Guided by her core values of compassion, patient comfort, and integrity, Dr. Mejido treats every patient as family, ensuring that each visit supports not only their oral health but also their confidence and overall well-being.

Recognized as a Platinum Invisalign Provider and honored in the Trademark Women of Distinction Honors Edition, Dr. Judy Mejido continues to be a trusted leader in her field, dedicated to promoting oral health and empowering her patients to embrace their best, healthiest smiles.

Learn More about Dr. Judy Mejido:

Through her Influential Women profile, <https://influentialwomen.com/connect/judy-mejido> or through her website, <https://a1care.org/>

## Influential Women

Influential Women provides a platform where women from all backgrounds can connect, share their perspectives, and create content that empowers themselves and others. Through storytelling, thought leadership, and creative expression, Influential Women amplifies voices that inspire change.

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