

Custom American Football Uniforms Guide: Women's Gear, Templates & Parts

High-quality Bulk Custom American football uniforms guide for men and women. Sublimated team kits, size charts & bulk ordering process for USA, UK & Europe.

TEXAS, TX, UNITED STATES, February 4, 2026 /EINPresswire.com/ -- Adrees Enterprises Publishes Comprehensive Guide on Custom American Football Uniforms Including Women's Gear, Templates & Parts

Adrees Enterprises has published a detailed guide on custom American football uniforms, covering women's American football uniforms, design templates, fabric selection, uniform parts, sizing guidance, and bulk ordering strategies for teams in the USA, UK, and Europe.

Custom American football uniforms are essential for team identity, performance, and safety — particularly in full-contact formats. From established leagues to the rapidly growing women's tackle football segment, teams require uniforms that combine durability, comfort, mobility, and professional presentation.

The newly released guide provides structured insights for coaches, team managers, and equipment



AMERICAN-FOOTBALL-Uniform-by-Adrees-Enterprises

AMERICAN FOOTBALL UNIFORM SIZE CHART (REGULAR FIT)
Please select the sizes as per the chart given below for your team. In case you need an odd size for a specific player/individual, you may mention the specific size measures during your order instructions note.

SENIOR/ADULT					
SIZE (CM)	TOP SIZE			BOTTOM SIZE	
	CHEST	LENGTH	SHOULDER	WAIST	OUTSEAM
130	40	73	34	39	59
140	42	75	35	41	62
XS	46	77	36	43	66
S	48	80	37	45	67
M	51	83	38	45	67
L	55	85	40	46	68
XL	59	88	42	49	69
2XL	63	90	43	50	72
3XL	66	92	44	52	75
4XL	70	95	46	55	78

Note:
For size (130) select YXL from the size dropdown, and in case of size (140) select YL from the size dropdown.
Sizes are in centimeters, tolerance after finishing is approx 2cm to 4cm depending what type of fabric used.

American_football_Size_Chart_Adrees_enterprises

coordinators seeking reliable information before placing uniform orders.

Designing Custom American Football Uniforms

High-quality custom football uniforms begin with a clear design process. Teams select colors, logos, number placement, and fabric options before approving a final digital proof prior to production.

Modern customization allows full-body coverage, including:

- Team colors and gradients
- Player names and numbers
- Sponsor logos
- Sleeve and side-panel details

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As demand grows across USA UK, and Europe, teams need reliable information on custom American football uniforms, especially women-specific designs and fabric choices and Our goal is guidance them.”

Muhammad Fahad, Adrees Enterprises



This structured approach ensures visual consistency across home and away kits while maintaining compliance with league standards.

Using an American Football Uniform Template

An American football uniform template plays a key role in achieving accurate production results.

Manufacturers commonly provide:

- [Vector mockups](#)
- [Sizing guides](#)
- Bleed and safe-zone markings

Teams apply artwork to blank jersey and pants templates,

placing elements on the front, back, sleeves, and panels. Templates help maintain correct proportions and ensure logos and numbers align properly.

Sublimation vs. Screen Printing:

Printing method selection is especially important in tackle football.

Sublimation printing embeds ink directly into polyester fibers, producing fade-resistant, crack-resistant designs suitable for high-impact use. It supports full-coverage graphics and unlimited colors while maintaining breathability.

Screen printing, which places ink on top of fabric, can work for simpler designs but may feel

heavier and show wear over time.

For competitive tackle uniforms, sublimation is widely preferred for durability and flexibility.

Choosing the Right Fabric: Breathability & Durability:

Fabric selection directly influences performance and uniform longevity.

Most custom American football uniforms are constructed using performance polyester fabrics engineered for moisture control and resilience.

Common materials include:

- Moisture-wicking polyester for sweat management
- Dazzle cloth on shoulders and yokes for abrasion resistance
- Stretch knit or spandex panels for mobility
- Reinforced high-denier zones in impact areas

The jersey body often uses breathable polyester mesh, while shoulders and high-contact areas use stronger fabrics to withstand repeated impact. Pants typically feature heavier material to support padding and maintain durability.

This combination balances airflow, stretch, and protection during competitive play.

Women's American Football Uniforms: Fit & Performance:

The growth of women's tackle football has increased demand for women's American football uniforms designed specifically for female athletes.

Women-specific designs improve comfort over pads and reduce the issues associated with downsized men's cuts.

Key Differences in Women's Cuts

Women's uniforms typically feature:

- Narrower shoulders
- Shaped bust and waist areas
- Slightly shorter jersey lengths
- Adjusted pant rise and hip measurements

These refinements help prevent bunching and ensure the uniform remains properly positioned during contact.

Essential American Football Uniform Parts:

A complete American football uniform consists of multiple integrated components.

Jersey: Heavy-duty polyester in mesh or solid options.

Pants: Available with integrated padding or slotted pockets for hip, thigh, knee, and tailbone pads.

Socks and accessories: Coordinated elements supporting performance and team identity.

Protective Gear Requirements:

Standard protective equipment includes:

- Helmet
- Shoulder pads
- Hip, thigh, knee, and tailbone pads

Youth and high-school leagues often enforce stricter regulations regarding number placement, logo visibility, and mandatory padding. Uniform designs must allow space for compliant markings.

Sizing & Ordering Guidance:

Accurate sizing ensures comfort and safety. Suppliers provide separate size charts for youth, women, and men.

Proper measurement includes:

- Chest measurement around the fullest part
- Waist measurement at waistband position
- Hip measurement for pants over pads
- Inseam measurement for correct pant length

Teams frequently begin with smaller orders to confirm fit and quality before committing to full roster quantities. Standardized design files and color codes help maintain consistency for future reorders.

Adrees Enterprises' guide delivers structured, practical information for teams seeking to design and order custom American football uniforms with confidence. Covering templates, printing methods, fabrics, women's fit considerations, and ordering strategies, the guide supports informed decision-making for competitive teams across the USA, UK, and Europe.

Teams interested in reviewing the complete guide can visit:

<https://adreesenterprises.com/custom-american-football-uniforms-guide-womens-gear-templates-parts/>

About Adrees Enterprises:

[Adrees Enterprises is a Clothing manufacturer](#) specializing in custom sports uniforms, including custom American football uniforms and women's American football uniforms for international markets. The company focuses on structured design processes, performance fabrics, and bulk team production solutions. If you want to create Customized Clothing for Your Clubs, Brands Dm Adrees Enterprises at info@adreesenterprises.com.

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