

NJ Doctor Launches 'Care2Grow Show Podcast' to Restore Compassion in American Healthcare

A new national platform focused on restoring compassion, connection, and purpose in American healthcare.

MORGANVILLE, NJ, UNITED STATES, February 10, 2026 /EINPresswire.com/ -- Dr. Larry Arbeitman, founder of [Upper Cervical Chiropractic of Monmouth, LLC](http://www.getwellnj.com) (www.getwellnj.com), has officially launched the Care2Grow Show Podcast, a new national platform focused on restoring compassion, connection, and purpose in American healthcare.

Launched in January, the Care2Grow Show Podcast features conversations with doctors and healthcare leaders from across the country and disciplines, spotlighting practitioners who care for their patients in meaningful, intentional, and often unconventional ways. The podcast aims to spark a national conversation around the role of care in healthcare at a time when many believe the system is facing a growing "Compassion Crisis."



Dr. Larry Arbeitman

"Despite incredible technological advances, many patients and providers feel more disconnected than ever," said [Dr. Arbeitman](#). "The Care2Grow Show exists to ask a simple but powerful question: What happens when care comes first?"

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Each episode explores how compassionate, care-first leadership improves not only patient outcomes but also reduces provider burnout, strengthens team culture, increases patient retention and referrals, and creates sustainable practice growth.

The podcast is an extension of the Care2Grow mission,

which includes Care2Grow University, an online leadership and growth platform designed to help healthcare providers and organizations implement culture change, sound systems, intentional communication, and strategic growth rooted in compassion.



Dr. Arbeitman is also the founder of Upper Cervical Chiropractic of Monmouth, LLC, located in Morganville, New Jersey, where he has been serving New Jersey residents since 2005. His practice has long been known for its patient-centered, relationship-based approach to care, which has become the foundation of the Care2Grow Method.

“The goal is more connected healthcare delivery,” Dr. Arbeitman added. “It’s better healthcare, where patients feel heard, teams feel supported, and providers can rediscover purpose in the work they were called to do.”

New episodes of the Care2Grow Show Podcast are released bi-weekly on most major platforms including Apple and Spotify, with additional episodes already recorded and scheduled for release.

To listen to the Care2Grow Show Podcast visit:

<https://www.care2growconsulting.com/blog>

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