

# Cromwell Manor Inn Spotlights Little Treat Travel as the New Getaway From NYC Weekend Trend for 2026

*Cromwell Manor Inn releases a 2026 guide showing how short, mood-lifting upstate trips are shaping the modern getaway from NYC weekend.*

CORNWALL, NY, UNITED STATES, February 9, 2026 /EINPresswire.com/ -- [Cromwell Manor Inn](#)

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Travelers want weekends that feel different fast. Our guide helps people plan short upstate breaks that fit real schedules and deliver a true reset.”

Owner

today announced an updated 2026 editorial travel guide that frames how “Little Treat Travel”—the growing habit of booking short, mood-boosting breaks—has become a defining pattern behind the modern getaway from NYC weekend. Designed for travelers seeking a quick reset without long-haul flights or complex planning, the guide curates upstate New York weekend destinations and itinerary themes that pair art, nature, and small-town culture with straightforward logistics.

The guide, *Weekend Getaways: Best Upstate Weekend Getaways from NYC*, is published by Cromwell Manor Inn and available at <https://www.cromwellmanorinn.com/weekend-getaways>.

Short escapes are becoming the default

The timing reflects a broader shift in travel behavior headed into 2026. In October 2025, Priceline released its 2026 “Where to Next?” report, which describes “Little Treat Travel” as an evolution of treat culture into travel—short trips booked “just because,” often without waiting for a milestone or a long PTO window. Priceline reported that 65% of travelers, including Gen Z, say they have booked a trip purely “as a treat to lift their spirits,” and that travelers expect to spend an average of 15 days traveling for leisure in 2026 while planning to increase travel budgets by roughly \$350.

For New York City-area travelers, a “getaway from nyc weekend” often requires a different kind of planning than a traditional vacation: destinations must be close enough to justify a two- or three-night stay, and the experience needs to feel meaningfully different from city life by the first afternoon. Cromwell Manor Inn’s guide is structured around those constraints, highlighting upstate towns and regions with distinct “weekend identities,” from art-and-hike itineraries to

food-forward main streets.

## Upstate New York itineraries built for a 48- to 72-hour reset

The guide's recommendations reflect a mix of well-known attractions and repeatable formats that travel editors and weekend planners can quickly translate into story assignments and itineraries. Featured options include:

- Beacon, NY (Art + hiking in one stop) — positioned as a day-to-night base for travelers who want a museum anchor and outdoor elevation without losing a full day to transit.
- Hudson, NY (Dining, antiques, and a walkable main street) — framed for travelers who want small-town pace with high-interest browsing, galleries, and food.
- Cornwall, NY (Art in the open air + Hudson Highlands trails) — recommended for travelers seeking a quieter "switch-off" weekend with landmark cultural access nearby, including Storm King Art Center.
- The Catskills (Seasonal outdoor weekends) — presented as an adaptable choice for hiking months and winter ski weekends, with well-known waterfall and mountain trail options.
- Saratoga Springs, NY (history and relaxation) — described as an option for travelers who want a traditional "spa town" feel, with mineral springs and performance venues as weekend anchors.

Cromwell Manor Inn's location in Cornwall, New York, is positioned for short-break travelers who prioritize proximity to major regional attractions. The inn's website notes it is located about five minutes from Storm King Art Center and within 15 minutes of West Point and Woodbury Common Premium Outlets.

### About Cromwell Manor Inn

Cromwell Manor Inn is a historic bed-and-breakfast located at 174 Angola Rd, Cornwall, NY 12518, and positioned for short-break travel from New York City and the surrounding region. The property includes guest accommodations in the Manor House (built in 1820) and the 1764 House, and serves as a home base for arts, outdoor recreation, dining, and seasonal events in the Hudson Highlands and beyond.

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