

Zimmermann Modern Wellness Launches IV Wellness Program

MORGANVILLE, NJ, UNITED STATES, February 16, 2026 /EINPresswire.com/ -- Zimmermann Modern Wellness (ZMW), founded by renowned Functional and Regenerative Medicine Specialist Dr. Lisa Zimmermann, MD, is proud to announce its continued commitment to transforming patient care through a groundbreaking integration of ancient healing wisdom and cutting-edge [functional medicine](#). Located in New Jersey, this mother-daughter practice stands as the trusted provider for personalized protocols aimed at achieving optimal health and longevity, specializing in complex conditions such as chronic Lyme disease, mold and mycotoxin illness, and cardiovascular health.

In an era where traditional medicine often focuses solely on symptom management, Dr. Zimmermann's approach delves deeper to uncover and address root causes. "Our mission is to guide patients from the darkness of unresolved health issues to vibrant, sustainable wellness," said Dr. Lisa Zimmermann. "By combining compassionate listening, advanced diagnostics, and innovative treatments, we're not just treating symptoms—we're restoring lives."

ZMW's unique process begins with thorough story gathering and root cause analysis, followed by advanced testing using the most sophisticated labs available. Treatment plans are meticulously tailored, incorporating herbal medicines, homeopathy, German biological medicine, advanced [IV therapies](#), bioidentical [hormone replacement therapy](#) (HRT), and more. The clinic's specialties include:

- Lyme Disease & Tickborne Illness: Expert diagnosis and holistic treatments for chronic cases, moving beyond conventional methods to achieve long-term remission.
- Mold & Mycotoxin Illness: Protocols to detoxify mycotoxins, repair tissues, and rebalance the neuroimmune system.
- Cardiovascular Health: Comprehensive assessments using advanced panels to address high cholesterol, hypertension, dyslipidemia, and inflammation.
- Hormone Replacement Therapy: Bioidentical HRT to restore hormonal balance naturally.
- IV Therapies: Direct delivery of vitamins, minerals, and restorative compounds for enhanced absorption and outcomes.

Dr. Zimmermann's journey began with a passion for questioning the "why" behind illnesses, leading her to uncover widespread misdiagnoses of Lyme and co-infections. Through decades of research, training, and clinical practice, she has expanded her expertise to include gut dysbiosis,

autoimmune conditions, hormone imbalances, chronic inflammation, thyroid dysfunction, environmental toxin illness, chronic fatigue, and fibromyalgia.

The ZMW team includes Dr. Michelle Zimmermann, DACM, L.Ac (coming soon), specializing in acupuncture and Chinese herbal medicine, and Lead Nurse Practitioner Emily-Ann Cifelli, MSN, FNP-C, who oversees IV therapy procedures.

Patients rave about their experiences: "Dr. Zimmermann saved my life by identifying and treating heavy metal poisoning that no one else could," shared Mike D. Another patient, J.C., noted, "She has improved the health of my family and made a big difference in our lives through her tireless work on Lyme and co-infections."

As medicine evolves, ZMW remains at the forefront, continuously expanding its knowledge base and treatment options. Individuals ready to embark on their wellness journey are encouraged to contact the team for a personalized consultation.

About Zimmermann Modern Wellness

Zimmermann Modern Wellness is New Jersey's premier provider of functional medicine, blending ancient modalities with modern science to create personalized protocols for optimal health. Founded by Dr. Lisa Zimmermann, MD, the clinic specializes in root-cause resolution for complex conditions, offering treatments like IV therapies, bioidentical HRT, and advanced diagnostics. For more information, visit <https://zimmermannmodernwellnessnj.com>.

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