

# Fusion Wellness Center Unveils Fort Lauderdale's Newest Integrated Performance & Aesthetics Lab

*Reimagining recovery and rejuvenation with physician-led science-driven therapies, Aesthetics and a private calisthenics courtyard*

FORT LAUDERDALE, FL, UNITED STATES, February 24, 2026 /EINPresswire.com/ -- Fusion Wellness Center, a physician-led wellness practice located just minutes from Las Olas and downtown Fort Lauderdale, is introducing their concept to South Florida: an integrated performance and transformation lab that combines data-driven recovery services with regenerative aesthetic treatments. The center is now open and welcomes walk-ins, providing locals with a convenient destination for evidence-based longevity therapies, metabolic optimization, and skin and hair rejuvenation. No membership required and they offer [trial packages](#) at a great rate.

## What's new

- Integrated performance & aesthetics lab: Fusion Wellness Center offers a comprehensive menu of science-backed therapies—from [HBOT Fort Lauderdale](#), cryotherapy, red-light and PEMF therapies to IV infusions and peptide protocols—that accelerate healing, enhance strength and endurance, and support hormone balance. The new aesthetics division adds regenerative skin and hair treatments, including Botox, exosomes and stem-cell therapy, and microneedling to promote collagen production, reduce fine lines and rejuvenate the scalp without surgery.
- Physician-led personalization: Board-certified medical professionals design each protocol based on biomarker screening, hormonal panels and functional assessments, ensuring that every plan is tailored to the individual's goals, whether for performance, longevity or aesthetic renewal.
- Private location with calisthenics courtyard: Situated a few blocks from downtown Fort Lauderdale, the clinic features discreet private rooms and an outdoor calisthenics gym for pre-therapy warm-ups, enhancing circulation and therapy outcomes. Patients can incorporate movement before recovery sessions to boost blood flow and amplify benefits

## Why it matters

The wellness economy is booming. Fitt Insider reports that the global wellness market grew 35 % between 2019 and 2025 and is now worth \$6.8 trillion. At the same time, consumer interest in performance-focused recovery tools and longevity hacks is surging; the global biohacking market is projected to reach \$63 billion by 2028. Evidence-backed modalities like PEMF, red-light therapy, contrast therapy and hyperbaric oxygen are driving this growth. Fort Lauderdale is

embracing the trend. “We created a space where high-performing individuals, weekend warriors and health-curious residents can not only recover faster but also transform their skin, hair and vitality using the same science that professional athletes and longevity experts rely on,” said Dr. Benjamin Krasne, founder and board-certified MD at Fusion Wellness Center.

#### Who should visit

Anyone looking to optimize performance, accelerate recovery or address aesthetic concerns in a medically supervised environment. Fusion’s data-driven approach benefits:

- Athletes and fitness enthusiasts seeking faster muscle recovery and injury prevention.
- Professionals wanting to boost focus, energy and hormonal balance with IV and peptide therapies.
- Individuals experiencing hair thinning, dull skin or early signs of aging who desire regenerative, non-surgical solutions like Botox, exosomes and microneedling.
- Residents interested in preventative strategies for longevity and overall wellness.

#### About Fusion Wellness Center

Fusion Wellness Center is a physician-led performance and transformation lab located in the heart of Fort Lauderdale’s coastal community. Founded by Dr. Benjamin Krasne, the center offers a comprehensive suite of science-driven therapies—including hyperbaric oxygen therapy, cryotherapy, red-light therapy, PEMF, IV hydration and peptide therapy—alongside regenerative aesthetic services such as Botox, exosome & stem-cell treatments and microneedling. Every protocol is guided by clinical diagnostics and biomarker analysis to optimize how people feel, function and age. With a private location minutes from Las Olas, [5 star Google Rating](#), discreet treatment rooms and an outdoor calisthenics courtyard, Fusion Wellness makes advanced recovery and rejuvenation accessible to the Fort Lauderdale community. Learn more at [FusionWellnessFTL.com](https://FusionWellnessFTL.com).

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