

Hearts for Nepal Launches 'Next Steps Home' to Secure the Future of Rescued Girls

Next Steps Home provides safety, education, and life preparation so rescued girls in Nepal can pursue college and break generational poverty.

SURPRISE, AZ, UNITED STATES, March 4, 2026 /EINPresswire.com/ -- [Hearts for Nepal](#) USA has announced the launch of its Next Steps Home, a critical new initiative designed to provide continued care, housing, and development for young women who graduate from the organization's rescue and education program.



Future Professionals

For years, Hearts for Nepal has worked through legal channels to rescue vulnerable girls from extreme poverty and trafficking risk, particularly among Nepal's marginalized Badi caste community. Many of these girls enter the Hearts for Nepal hostel program as children and are provided with safety, education, and holistic care through Grade 10.

“

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Dennis Cummins

But in Nepal, Grade 10 often marks a dangerous crossroads.

Without continued support, many young women must return to the same environments from which they were rescued—conditions marked by generational poverty, limited opportunity, and continued vulnerability to exploitation. The Next Steps Home was created to prevent that outcome.

“We cannot help these girls only part of the way,” said [Dennis J. Cummins](#), President of Hearts for Nepal USA. “If we rescue them from trafficking and extreme poverty but send them back at the moment they are ready to pursue higher education, we risk undoing everything that has been accomplished. The Next Steps Home ensures they move forward into a new season of life that

leads to independence, dignity, and long-term success.”

Breaking Generational Cycles

Many girls served by Hearts for Nepal come from the Badi community, one of the most marginalized groups in Nepal. Historically tied to royal court entertainment traditions centuries ago, the Badi people have endured generations of discrimination and exclusion. Women within the community have been particularly vulnerable, often pressured into prostitution due to lack of opportunity and systemic barriers.



New Life

Hearts for Nepal works directly with families through legal agreements, offering daughters a completely different future—one built on education, protection, and personal development.

“These girls are not statistics,” Cummins said. “They are future leaders, teachers, nurses, and professionals. Once they are rescued and given opportunity, our responsibility is to ensure they never have to return to the circumstances that once threatened their lives.”

A Holistic Model Unique in Nepal

Hearts for Nepal’s approach is distinctive within the country. The organization does far more than provide basic shelter and schooling. Its program is designed to fully develop the whole person, equipping the girls for professional and social success.

Students receive high-quality education and English language development, along with comprehensive care that includes medical, dental, vision, and orthodontic treatment. The girls are provided clothing, personal wellness resources, and mentorship designed to help them grow with dignity and confidence.

In addition to academic development, Hearts for Nepal places strong emphasis on emotional intelligence and personal development. Building intelligence alone cannot fully lift someone out of extreme poverty. Emotional health, confidence, and social awareness are equally critical to long-term success.

For this reason, the organization invests heavily in mentoring, personal care training, hygiene education, and leadership development. Hearts for Nepal even employs an Image Coach who helps the young women develop confidence, personal presentation, and professional poise—skills that help them navigate education, careers, and leadership opportunities with

dignity.

“In extreme poverty, girls are often taught they have little value beyond survival,” Cummins explained. “We work intentionally to rebuild their identity, confidence, and sense of purpose. Education raises intelligence, but emotional intelligence and confidence allow them to step into society and succeed.”

This comprehensive model of care has made Hearts for Nepal one of the most unique and successful programs of its kind in the nation.

The Purpose of the Next Steps Home

The Next Steps Home represents the next phase in this transformational journey.

This professionally structured residence will house graduates of the hostel program while they attend college or vocational training. The home will provide a stable, supportive environment where young women can focus on higher education, career preparation, and life development without fear of regression into poverty or exploitation.

Rather than returning to the same vulnerable environments from which they were rescued, the young women will continue living in a safe, structured community that prepares them for independent adulthood.

“The Next Steps Home is the bridge between rescue and independence,” Cummins said. “It ensures the investment in their lives continues until they are fully prepared to step into a sustainable future.”

A Foundation of Faithful Support

This life-changing work is made possible through the generosity of donors, Legacy Partners, and organizations that believe in the mission of transforming lives through long-term investment.

Among the foundational supporters of this work has been [ExperienceChurch.tv](https://www.experiencechurch.tv), whose community has consistently stood behind the mission of Hearts for Nepal with prayer, financial support, and advocacy for these young women and their future.

Their partnership, along with many other faithful supporters, has helped make the Next Steps Home possible.

Building a Legacy of Transformation

Hearts for Nepal invites individuals, families, and organizations to become Legacy Partners in this life-changing work.

Support from Legacy Partners allows the organization to expand programs like the Next Steps Home and continue providing comprehensive care and development for vulnerable young women across Nepal.

“Real transformation takes time,” Cummins said. “Our mission is not simply rescue—it is restoration. Restoration means walking with these young women until they are equipped to build a life that is stronger than the poverty they came from.”

To learn more or to become a Legacy Partner supporting the Next Steps Home, visit:

<https://heartsfornepal.org>

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