



Laura Mikszan to Appear on Legacy Makers TV

FL, UNITED STATES, March 5, 2026 /EINPresswire.com/ -- Laura Mikszan, nonprofit entrepreneur and wellness advocate, is set to appear on Legacy Makers TV, where she will share insights on using movement, fitness, and performance arts to improve quality of life for special needs, neurological, and aging populations.

Legacy Makers is a cinematic docu-series showcasing actors, athletes, entrepreneurs, and other iconic figures by capturing their personal and professional journeys and lessons.

This unique TV show, hosted by Celebrity Entrepreneur Rudy Mawer, features many influential people from all walks of life, whose stories can be viewed on the show's website.

In her episode, Mikszan explores how her background in gymnastics and performance arts shaped a mission-driven career focused on wellness, inclusion, and community impact.

She breaks down how movement, dance, and recreation programs can improve communication, confidence, and overall well-being for individuals with autism, dementia, and other neurological challenges. Viewers will walk away with insights on building purpose-driven nonprofit initiatives, creating sustainable leadership systems, and using adversity as motivation to serve communities in meaningful ways.

Laura's episode will be available soon on Inside Success Network streaming platforms. In the meantime, you can find out more by visiting <https://cast.legacymakerstv.com/laura-mikszan>.

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Legacy Makers
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This press release can be viewed online at: <https://www.einpresswire.com/article/897500074>

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