

Magickitchen.com Expands Complete Meals Menu And Also Pureed Meal Items

New Line of Delicious, Diet-Friendly Frozen Meals Delivered Right to Your Door

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[MagicKitchen.com](https://www.MagicKitchen.com), a leading provider of chef-prepared, diet-specific frozen meals delivered nationwide, today announced a significant expansion of its menu with the addition of new meals from [Golden Gourmet](https://www.GoldenGourmet.com). These hearty, home-style individual meals are designed to meet the needs of seniors, caregivers, and anyone seeking convenient, nutritious meal delivery — including those managing diabetic, renal, or dialysis dietary requirements.



Magickitchen expands menu with Golden Gourmet

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At MagicKitchen.com, we believe great taste and nutrition should never be a compromise. Our Golden Gourmet meals offer chef-crafted options for seniors and caregivers, delivered to your door”

Greg Miller

The new Golden Gourmet lineup brings the comfort of a home-cooked meal to the convenience of frozen delivery, making it easier than ever for busy caregivers and health-conscious individuals to ensure their loved ones — and themselves — enjoy satisfying, balanced meals every day.

Elevated Flavors for Specialized Diets

The Golden Gourmet lineup features a curated selection of meals that are flash-frozen at the peak of freshness to preserve flavor, texture, and vital nutrients without the need for excessive preservatives. The new menu includes:

Chicken Broccoli Alfredo over Pasta: A creamy, comforting classic served with a vibrant side of carrots, zucchini, and red peppers.

Spaghetti and Meatballs: Featuring a rich marinara sauce and a balanced blend of broccoli and black beans for added fiber.

Salisbury Steak with Mushroom Gravy: A nostalgic favorite paired with cubed potatoes, peas, carrots, and cauliflower.

Herb Chicken: Perfectly seasoned and served with traditional mashed potatoes, gravy, green beans, and carrots.

Meatloaf with Tomato Sauce: A protein-rich staple accompanied by mashed potatoes, Brussels sprouts, and carrots.

Beef Stew: A slow-simmered, hearty mix of tender beef and garden vegetables including squash and sweet potatoes.

Meeting the Gold Standard of Medically Tailored Meals

Beyond convenience, the Golden Gourmet line is a strategic addition for individuals managing specific health conditions. MagicKitchen.com continues its commitment to being a "food-as-medicine" leader by ensuring these meals align with the requirements for:

Diabetic-Friendly Diets: Managed carbohydrate counts and high fiber to help maintain stable blood sugar.

Renal and Dialysis Support: Carefully monitored potassium, phosphorus, and sodium levels for those with kidney health concerns.

Senior Wellness: Calorie-controlled portions that prioritize protein to help combat age-related muscle loss.

Enhanced Support for Dysphagia: [New Pureed Meals](#)
In addition to the Golden Gourmet line, MagicKitchen.com is introducing convenient, high-quality pureed food items available in a variety of meats and vegetables. Each puree is crafted by chefs who understand the unique needs of individuals with

Chicken Broccoli Alfredo

over Pasta with Carrots and Zucchini w/
Red Peppers



Chicken Broccoli Alfredo over Pasta

Salisbury Steak

with Cubed Potatoes, Mushroom Gravy,
Peas & Carrots, Cauliflower



Salisbury Steak with Cubed Potatoes, Mushroom Gravy, Peas & Carrots, Cauliflower

dysphagia, ensuring flavorful, satisfying meals with a consistent IDDSI Level 4 texture and smoothness. These boil-in-the-bag, multi-serve packs are both time-saving and easy to use, providing a reliable solution for those who require specialized textures without sacrificing taste or nutrition.

Flexibility for the Modern Home

Unlike many competitors, MagicKitchen.com operates on a no-subscription-required model. This allows families to order exactly what they need, when they need it, whether they are recovering from a hospital stay or looking for a long-term meal solution. Meals arrive in insulated packaging and can be prepared in minutes, requiring no chopping, cleaning, or intensive prep work.

The new Golden Gourmet meals are available for nationwide shipping starting today at www.MagicKitchen.com.

About MagicKitchen.com

MagicKitchen.com is a premier online destination for chef-prepared, diet-specific frozen meals delivered nationwide. Specializing in diabetic-friendly, renal, dialysis, low-sodium, and senior meals, MagicKitchen.com is committed to making healthy, great-tasting food accessible to everyone—regardless of dietary restrictions or lifestyle. By using high-quality ingredients and portion-controlled recipes, MagicKitchen.com helps customers maintain their independence and health through better nutrition.

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