

Injury Care Solutions Group: A Well-Known NFL Quarterback and Turf Toe Explained

LOS ANGELES, CA, UNITED STATES, March 19, 2026 /EINPresswire.com/ -- [Dr. Greg Vigna](#), Board Certified Physical Medicine and Rehabilitation and a life care planner, states, "I was fortunate to have trained at Tulane for medical school and then practiced in Louisiana, where many fans hold their star quarterback in extremely high regard. However, no athlete is invincible, and to make matters more challenging, he plays his home games on artificial turf at Paycor Stadium, which may increase the risk of re-injury of a Grade 3 turf toe."

To read, Dr. Vigna's Orthopedic Head-to-Toe Trauma series on Turf Toe [click here](#).

Current torts and expert services provided by Injury Care Solutions Group include: 1) Acquired brain injury, 2) Amputation/Prosthetics, 3) Brachial plexus injury, 4) Burn care, 5) Cerebral Palsy, 6) Decubitus ulcers, 7) Deep venous thrombosis/pulmonary embolism/and IVC filters, 8) Depo-Provera and meningiomas, 9) Hernia mesh, 10) Hospital acquired sepsis, 11) Hypoxic ischemic encephalopathy and developmental delay, 12) mid-urethral sling pain syndromes, 13) Complex orthopedic injuries, 14) Shoulder dystocia, 15) Spinal cord injury and cauda equina syndrome, and 16) Stroke management.

Injury Care Solutions Group is a resource for both plaintiff and defense attorneys, providing expert services and litigation support. The group draws on the experience of its founder, Greg Vigna, MD, JD, a retired physician who is board certified in Physical Medicine and Rehabilitation with more than 20 years of clinical experience. Dr. Vigna also serves as a testifying expert based on his board certification and as a life care planner, having been retained in more than 350 cases over the past 13 years. In addition, he is a national personal injury attorney who represents individuals who have suffered serious injuries due to medical malpractice, dangerous drugs and medical devices, and other catastrophic personal injuries.

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Injury Care Solutions Group offers tort-specific expert solutions, nursing consultants, litigation support, and life care planning services. There is no finder's fee for experts, as that is an unnecessary cost for both plaintiff and defense firms. Experts are welcome to provide content in the form of expert reports to describe their experience and the literature on important topics in the field of trauma

and serious medical conditions caused by exposure to dangerous chemicals and injuries caused by bad drugs and devices.

[Visit our website](#) to learn more.

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