

Neckwise Focuses on Migraine Relief Using Precision Upper Cervical Chiropractic

Neckwise highlights a structured, imaging-based approach for individuals seeking solutions for chronic migraines and recurring headaches

TAMPA, FL, UNITED STATES, April 7, 2026 /EINPresswire.com/ -- Neckwise, a growing network of [upper cervical chiropractic](#) clinics, is bringing increased attention to a unique approach that focuses on helping individuals struggling with chronic [migraines](#) through precise, imaging-based care of the upper cervical spine.



Patient receiving CBCT 3D Scan

Migraines affect millions of Americans each year, often disrupting daily life, work, and overall well-being. While many patients rely on medications to manage symptoms, a growing number are seeking alternative approaches that focus on identifying and addressing underlying causes.

“

The relief I felt right away was incredible. And as I continued care, everything started improving—my sleep, my energy, my ability to function.”

Stacy M.

Neckwise focuses on evaluating the upper cervical spine—specifically the atlas (C1) and axis (C2)—using advanced 3D imaging to determine if misalignment may be contributing to nervous system irritation and migraine symptoms.

A Different Approach to Migraine Relief

Unlike traditional chiropractic methods, Neckwise utilizes [Cone Beam CT](#) (CBCT) imaging to precisely measure alignment in the upper cervical spine.

This allows doctors to deliver gentle, targeted corrections designed to improve nervous system function rather than relying on generalized adjustments.

“We focus on precision,” said a Neckwise doctor. “The goal is not to adjust frequently, but to help the body stabilize so it can function and heal more effectively over time.”

Patient Experiences Highlight Impact

Patients who have struggled with migraines for years are reporting meaningful improvements after beginning care.

One patient described the severity of her condition before seeking help:

“I was dealing with severe tension headaches. I was in a lot of pain and just miserable. I couldn’t think straight, couldn’t show up for work, and day-to-day life was really hard.”

After beginning care, she noted a gradual but noticeable shift:

“I started having relief pretty quickly, and it just kept getting better. My headaches aren’t taking over my life anymore.”

Another patient, who experienced constant migraines along with light sensitivity, nausea, and dizziness, described the impact on her life prior to care:

“I was in a constant migraine from the time I woke up to the time I went to bed. I couldn’t work. It completely stopped my life.”

Following her first adjustment, she reported immediate changes:

“The relief I felt right away was incredible. And as I continued care, everything started improving—my sleep, my energy, my ability to function.”



Neckwise Upper Cervical Logo



Dr. Rusty Lavender reviewing CBCT 3D image with patient

Addressing the Nervous System

Neckwise's approach is centered on the relationship between the upper cervical spine and the brainstem.

The brainstem plays a critical role in regulating communication between the brain and body. When the upper cervical spine is misaligned, it may contribute to irritation in this area, potentially affecting how the body processes pain and neurological signals.

By restoring alignment, the goal is to reduce this irritation and allow the body to function more efficiently.

Not a One-Size-Fits-All Solution

Neckwise emphasizes that every patient's experience is different.

Some individuals report rapid improvement, while others experience gradual progress over time, especially if symptoms have been present for years.

"Many of our patients have already tried multiple forms of care before coming to us," a doctor explained. "Our role is to provide a clear evaluation and a structured plan to support long-term improvement."

Growing Demand for Alternative Migraine Solutions

As more individuals search for non-invasive, drug-free approaches to migraine relief, interest in upper cervical chiropractic care continues to grow.

Neckwise currently operates multiple clinics across Florida and beyond, with plans for continued expansion as demand increases.

About Neckwise

Neckwise is a network of upper cervical chiropractic clinics that focuses on precision-based care using advanced 3D imaging technology. The clinics aim to help patients experiencing chronic neurological and musculoskeletal conditions by improving alignment in the upper cervical spine and supporting optimal nervous system function.

Matt morris

Neckwise

[email us here](#)

Visit us on social media:

LinkedIn
Instagram
Facebook
YouTube
TikTok

This press release can be viewed online at: <https://www.einpresswire.com/article/902100306>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.