

Why Extended Annual Physicals Are a Game Changer for Executive Health

Mosaic Medicine in Bradenton, FL, explains how deeper annual exams and preventive care strategies boost vitality and career performance.

BRADENTON, FL, UNITED STATES, April 8, 2026 /EINPresswire.com/ -- Mosaic Medicine, a leading direct primary care clinic in [Bradenton, FL](#), is redefining [preventive](#) healthcare for busy professionals with its Concierge [Executive](#) Primary Care program. Founded by Cory Lucas, FNP-C, ENP, the clinic offers extended annual physicals and personalized wellness strategies designed to enhance vitality, prevent chronic illness, and optimize career performance. The program is available now to adults and executives across Bradenton and Manatee County.



Mosaic Medicine in Bradenton, Florida provides personalized, preventive healthcare for busy professionals, combining executive primary care, wellness optimization, and direct patient access to enhance vitality and long-term health.

Digital & Facility Enhancements



Healthcare should be personal, proactive, and rooted in partnership. Our goal is to give patients time, attention, and the tools to thrive - both professionally and personally."

Cory Lucas, FNP-C, ENP

Mosaic Medicine combines a modern, patient-centered environment with cutting-edge digital health tools. Members benefit from streamlined appointment scheduling, same-day and next-day visits, and direct access to providers via secure messaging. These enhancements enable comprehensive care without sacrificing convenience, giving Bradenton professionals a trusted partner for both urgent and preventive health needs.

[Services Overview](#)

[Direct Primary Care Memberships](#)

Mosaic Medicine offers unlimited access to primary care for individuals, families, and small

businesses through transparent monthly memberships. Members receive in-depth annual physicals, chronic condition management, and integrative wellness guidance—all without hidden costs or copays.

Executive Healthcare & Preventive Wellness

Designed for high-performing professionals, this program provides detailed health assessments, lab testing, lifestyle counseling, and early detection strategies. Emphasis is placed on maintaining energy, focus, and long-term health.

Men's & Women's Health Optimization

Personalized hormone therapy, bioidentical treatments, and functional medicine interventions help patients achieve hormonal balance, vitality, and overall well-being.

Integrative Medicine & Metabolic Health Support

Customized care plans address metabolic, hormonal, and lifestyle factors. Integrative medicine combines conventional and functional approaches to prevent illness, improve performance, and promote longevity.

Electrohydraulic Shockwave Therapy

Non-surgical pain relief treatments for joints, muscles, and connective tissue allow patients to maintain activity levels while supporting musculoskeletal health.

Clinical Approach & Philosophy

Mosaic Medicine emphasizes a patient-first, integrative philosophy. Founder Cory Lucas states, "Healthcare should be personal, proactive, and rooted in partnership. Our goal is to give patients time, attention, and the tools to thrive - both professionally and personally." The clinic treats



At Mosaic Medicine in Bradenton, Florida, patients receive personalized consultations with licensed clinicians, combining preventive care, executive health strategies, and wellness optimization tailored to individual needs.



Mosaic Medicine in Bradenton, Florida fosters strong professional relationships by providing personalized, preventive healthcare and executive wellness solutions for busy professionals across Manatee County.

each patient as an individual, identifying root causes of health concerns rather than masking symptoms.

Conditions & Services Treated

- Acute illnesses and infections
- Chronic disease management
- Hormone imbalances and optimization
- Metabolic and lifestyle-related conditions
- Pain management through integrative therapies

Accessibility & Community Focus

Mosaic Medicine is committed to making high-quality healthcare accessible across Bradenton and Manatee County. With same-day visits, affordable \$37 consultation entry points, and membership options, the clinic ensures patients have direct, timely access to care. Community initiatives include educational workshops and wellness programs designed to empower local residents to take control of their health.

Getting Started

New patients begin with a personalized consultation to review medical history, establish wellness goals, and create a preventive care roadmap. Membership enrollment provides direct access to providers, digital health tools, and ongoing support for long-term vitality.

About Mosaic Medicine

Mosaic Medicine is a Bradenton-based, patient-centered medical clinic founded by Cory Lucas, FNP-C, ENP. The clinic provides direct primary care, urgent care, executive healthcare, hormone optimization, and integrative medicine programs. Mosaic Medicine prioritizes personalized, comprehensive, and evidence-based care, ensuring patients receive time, attention, and access often missing from corporate healthcare models.

Schedule Your Executive Health Consultation in Bradenton Today and Experience Personalized Preventive Care.

Cory Lucas, FNP-C, ENP

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