

# Turning Setbacks into Comebacks: A New Story of Resilience and Faith is Released

*Author shares a powerful true story centered on unbreakable determination and the role of faith in overcoming life's greatest challenges.*

NASHVILLE, TN, UNITED STATES, April 1, 2026 /EINPresswire.com/ -- Author and veteran special education teacher Brenda Lovett Arnold shares a deeply personal memoir in *Turning Setbacks Into Comebacks I*. The book follows her journey through workplace injuries, legal battles, and medical challenges, while holding firmly to her faith, family, and purpose.

Across her 25-year teaching career, Arnold reveals how unexpected setbacks changed her life but did not define it. Honest and inspiring, *Turning Setbacks Into Comebacks I* is a powerful testament to resilience, perseverance, and hope in the face of adversity.

*Turning Setbacks Into Comebacks* takes readers inside the reality of workplace injury, chronic pain, medical interventions, and the emotional tale of losing a career you love. From neck and back fusion surgery and ongoing complications to navigating the workers' compensation system, Arnold shares each chapter of her journey with honesty, resilience, and courage.

## About the Book:

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Book cover

About the Author:

Brenda Lovett Arnold is a retired special education teacher with 25 years of experience serving students across multiple states. She has taught in Arkansas, Missouri, and Indiana at the elementary, junior high, and high school levels. Throughout her career, she worked closely with students with special needs, dedicating herself to supporting their growth and advocating for their rights and educational success.



Brenda Lovett Arnold

Global Availability:

**TURNING SETBACKS INTO COMEBACKS I: A Powerful True Story of Resilience, Faith, and Unbreakable Determination**

is available worldwide in eBook editions through Amazon KDP, Barnes & Noble, Google Books, Smashwords, and Draft2Digital.

For media inquiries, interviews, review copies, or speaking engagements, please contact:

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