

# Redemption From Biblical Battering Guides Women Toward Healing, Faith, and Lasting Freedom

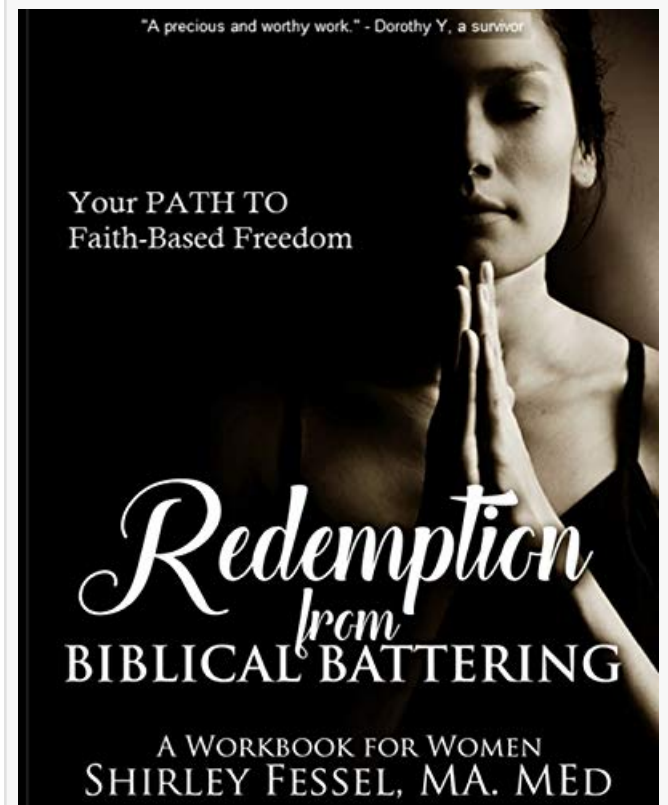
*Shirley Fessel offers a compassionate, faith-based workbook designed to help abused women rebuild their lives and strengthen their relationship with God.*

NEW YORK CITY, NY, UNITED STATES, April 1, 2026 /EINPresswire.com/ -- A transformative and faith-centered resource is continuing to impact readers seeking healing and renewal. Redemption from Biblical Battering: Your Path to Faith-Based Freedom by Shirley Fessel serves as a powerful workbook created to guide women of faith through recovery from abuse while fostering a deeper, more personal connection with God.

This thoughtfully developed workbook addresses the unique challenges faced by women who have experienced abuse within a faith context. Rather than focusing solely on emotional recovery, Fessel provides a structured path that integrates spiritual growth with practical steps toward healing. Through reflective exercises, guided insights, and scriptural encouragement, readers are supported in reclaiming their identity, rebuilding confidence, and rediscovering their worth.

At the heart of Redemption from Biblical Battering is the understanding that faith can be both a source of comfort and, at times, confusion for those navigating abusive situations. Fessel compassionately acknowledges this complexity, offering clarity and reassurance while helping readers separate harmful interpretations from true spiritual principles. Her approach emphasizes that healing is not only possible but deeply rooted in a renewed understanding of God's love and purpose.

The workbook is designed to be both accessible and empowering, allowing readers to move at



Redemption From Biblical Battering by Shirley Fessel

their own pace as they process their experiences and begin to rebuild their lives. It encourages self-reflection, spiritual renewal, and practical action, creating a balanced and supportive framework for long-term growth and freedom.

Inspired by a desire to help women break free from cycles of abuse, Fessel brings both empathy and insight to her work. She recognizes the courage it takes to confront painful realities and offers a resource that meets readers with compassion while guiding them toward lasting transformation.

Redemption from Biblical Battering: Your Path to Faith-Based Freedom is especially valuable for women seeking faith-based support, as well as counselors, ministry leaders, and support groups working with survivors. Its message resonates with anyone looking for a path forward grounded in truth, healing, and spiritual strength.

Shirley Fessel is an author dedicated to helping women find restoration through faith and practical guidance. Her work reflects a commitment to empowering individuals to overcome adversity and embrace a renewed sense of purpose and freedom.

The book is now available—secure your copy here: <https://a.co/d/09W6dI2V>

For review copies, interview requests, or additional information, please contact:

Shirley Fessel  
BrightKey PR  
fessup2@msn.com

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