

# Rani Grennell's Poetry Collection Dancing With Shadows Set to Release Soon

DURBAN, KWAZULU, NATAL, IRELAND, April 16, 2026

/EINPresswire.com/ -- A new poetry collection titled Dancing With Shadows by Rani Grennell is scheduled for release in 2026. The book brings together a wide range of poems written over many years, offering a thoughtful look at life, memory, relationships, and personal growth.

□ □□□□□□□ □□□□□□ □□□□'□ □□□□□□□□ □□□□□□

The collection moves gently through different phases of life, from early memories to later reflections. It captures moments of childhood, family life, love, loss, and change. Each poem stands on its own, yet together they form a quiet journey that shows how a person grows and changes over time.

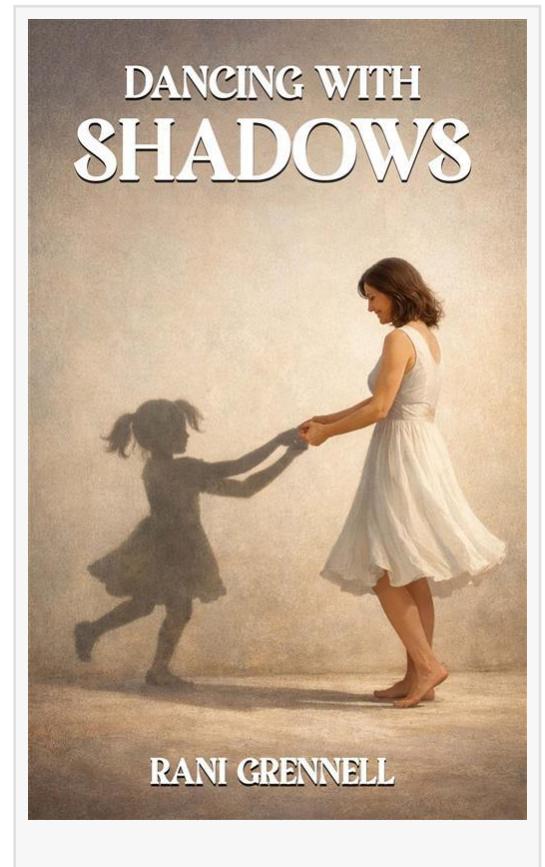
Some poems focus on simple, everyday moments, while others explore deeper emotions. There are reflections on parenthood, memories of loved ones, and the feeling of holding on while learning to let go. The writing stays calm and honest, allowing the reader to connect without feeling overwhelmed.

□□□□□□□□□ □□□□□□ □□□ □□□□□□□□□

One of the central ideas in the book is memory. The poems often look back at the past and show how it continues to live in the present. There is a clear sense that earlier experiences, both joyful and painful, shape who a person becomes.

The collection also explores identity in a gentle way. It reflects how people change through time while still carrying parts of who they once were. This idea appears again and again, especially in poems that examine different roles in life, such as child, parent, and partner.

□ □□□□□ □□□□□□□□□□ □□ □□□□□□□□ □□□ □□□□□□□□



Many of the poems touch on moments of difficulty, including emotional pain, loss, and uncertainty. However, these moments are not presented in a dramatic or heavy way. Instead, they are shown with quiet reflection.

There is a steady sense of endurance throughout the book. The poems suggest that even in difficult times, there is a way to continue forward. This feeling of quiet strength gives the collection a balanced and thoughtful tone.

□□□□□□ □□□□□□□□ □□□□ □□□□□□ □□□□□□□□

The language used in the book is clear and easy to follow. The poems rely on simple words and natural expressions, making them accessible to a wide range of readers.

Images from nature often appear, such as light, water, sand, and seasons. These images help express emotions and changes in a soft and natural way. Some poems also use spacing and layout to guide how the reader moves through the lines, creating a flowing reading experience.

□□□□□□□□ □□□ □□□ □□□□□□□□ □□□□ □□□ □□□□□

The collection is suited to adult readers who enjoy reflective, personal poetry. It may also appeal to readers who are interested in themes of memory, identity, and relationships.

Because of its simple language and clear expression, the book can be easily understood while still offering depth for those who wish to reflect further.

□□□□□□ □□□ □□□□□□□□

Rani Grennell is a retired Speech and Drama Tutor. She was born into a South African Indian family and later moved to Ireland in the early 1960s. Her life has been shaped by living between two cultures, which has influenced her creative voice.

She qualified as a drama teacher in 1976 and later opened her own drama studio. In recent years, she has also worked in film as a background artist and has appeared in several productions. Alongside her work in drama, she has been writing poetry, short stories, and plays for many years.

□ □□□□□□□□□□□ □□□□□ □□□□ □□□□□

The poems in *Dancing With Shadows* were not written at once. Instead, they were created over different periods of the author's life. This gives the collection a natural sense of growth, showing how thoughts and feelings have developed over time.

The book does not follow a single story. Instead, it offers a series of moments, each one adding

to a wider understanding of life and experience.

□□□□□□□□□□□□

Dancing With Shadows by Rani Grennell is scheduled for release in 2026.

Bracken Joseph  
Britlit Publishers

[email us here](#)

Visit us on social media:

[Instagram](#)

[Facebook](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/905908039>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.