

# Hidden-Incision Breast Augmentation Gains Popularity for Natural Results

*Patients are increasingly choosing hidden-incision techniques to achieve natural-looking breast augmentation with minimal visible scarring.*

LOS ALAMITOS, CA, UNITED STATES, April 17, 2026 /EINPresswire.com/ -- [Hidden-Incision Breast Augmentation](#) Emerges as Leading Trend for Natural Results and Minimal Scarring



Patients today are prioritizing natural results and minimal scarring. Hidden-incision techniques allow us to enhance volume while preserving a clean, natural appearance over time.”

*Dr. Raman Mehrzad*

LOS ALAMITOS, CA -A growing number of patients are seeking advanced breast augmentation techniques that prioritize natural results and minimal visible scarring, according to Dr. Raman Mehrzad, Medical Director of Ocean Plastic Surgery Center.

As aesthetic preferences continue to evolve, hidden-incision breast augmentation—commonly performed through the axilla (underarm)—is gaining traction among

patients who want enhanced volume without visible scars on the breast.

“Today’s patients are far more informed and intentional,” said Dr. Mehrzad. “They’re not just focused on size. They’re evaluating long-term aesthetics, scar visibility, and how natural the result will appear over time.”

## A Shift Toward Discreet, Natural Aesthetic Outcomes

The rise in hidden-incision techniques reflects a broader shift in aesthetic medicine toward subtle, proportionate enhancements. Patients are increasingly seeking results that blend seamlessly with their natural anatomy rather than appearing surgically altered.

This trend is being driven by several key factors, including improved patient education, increased demand for minimally visible procedures, and a growing preference for natural breast contour and symmetry. Patients are also placing higher expectations on both surgical precision and recovery experience.

For many individuals, avoiding visible scars on the breast allows for greater flexibility in clothing choices and increased confidence in both professional and social settings.

### Advancements in Technique and Technology

Modern surgical advancements have made hidden-incision breast augmentation more predictable and refined. Surgeons are now able to customize implant placement, sizing, and positioning with greater accuracy, resulting in improved symmetry and long-term outcomes.

“These techniques require a deep understanding of anatomy and careful execution,” Dr. Mehrzad added. “When performed appropriately, they can deliver highly natural results with minimal external evidence of surgery.”

### The Rise of the ‘Undetectable’ Aesthetic

The demand for natural-looking cosmetic procedures continues to shape the future of plastic surgery. Patients are prioritizing subtle volume enhancement, balanced proportions, and long-term aesthetic harmony over more dramatic transformations.

This “undetectable aesthetic” is particularly appealing to younger patients and professionals who prefer enhancements that are noticeable in outcome—but not in evidence.

### Personalization Remains Essential

While hidden-incision breast augmentation offers clear advantages, it is not universally appropriate for every patient. Factors such as anatomy, skin quality, implant selection, and surgical goals must be carefully evaluated.

“A thorough consultation is critical,” said Dr. Mehrzad. “The goal is always to tailor the procedure to the individual—ensuring a result that is natural, balanced, and aligned with the patient’s expectations.”

### About Ocean Plastic Surgery Center

Ocean Plastic Surgery Center is a premier plastic surgery practice located in Orange County, California. The practice specializes in advanced aesthetic and reconstructive procedures, with a focus on natural results, patient safety, and surgical precision. Led by Dr. Raman Mehrzad, the



Dr. Raman Mehrzad, Medical Director of Ocean Plastic Surgery Center, discusses hidden-incision breast augmentation techniques for natural results.

center combines cutting-edge techniques with a highly personalized approach to patient care.

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