

Healing 30,000+ Lives and Growing Strong: Pure Life Physiotherapy & Health Centre Wins 2026 ThreeBestRated® Award

SURREY, BRITISH COLUMBIA, CANADA,

April 21, 2026 /EINPresswire.com/ --

Some pains are catalysts for growth, shaping one's strength and paving the way for bigger opportunities. Manvir Singh MSc (PT) and his Pure Life Physiotherapy & Health Centre are a fine example of what is simply described as 'growing through what you go through.' Manvir had

debilitating back pain due to an injury while working as a fire-watch/clean-up crew in a Fraser River Sawmill. The injury became truly life-changing for Manvir, as he realized the pain of people going through rehabs and found his life's calling to help people heal and lead better lives.



“

When you come into Pure Life, you will find a happy, bouncy environment, where therapists are often laughing and joking. We always pride ourselves on making Pure Life enjoyable 30 minutes of the day.”

Nathan, the Clinical Director.

Consequently, he founded Pure Life Physiotherapy & Health in 2014 and has been providing a variety of treatment options for the Surrey community. Today, the centre has won numerous awards and recognition, including the [ThreeBestRated®](#) award for multiple consecutive years (2019 - 2026).

Winning Story of Pure Life Physiotherapy & Health Centre

The success of Pure Life Physiotherapy & Health Care is built on two pillars. First is their focus on patient-centered care. Known for their great bedside manners and

communication, the team puts patients and their well-being at the heart of everything they do. Second is their evidence-based treatment using advanced technologies. The Pure Life team prioritizes proven treatments supported by research and clinical expertise. They ensure a balanced approach to rehabilitation through hands-on treatment combined with movement and exercise. This helps patients not only manage pain, but also build strength, improve mobility, and prevent further issues.

Creating a supportive environment plays a central role in Pure Life Physiotherapy & Health Centre. The Pure Life team believes that healing shouldn't be heavy and stressful - it should be an enjoyable experience, which then accelerates recovery naturally and more effectively. "At Pure Life, we obviously take our work really seriously, but we like to have fun as well," stated Nathan, the Clinical Director.

"When you come into Pure Life, you will find a happy, bouncy environment, where therapists are often laughing and joking. Lots of communication going backwards and forwards, and the vibes are really good. We always pride ourselves on making Pure Life an enjoyable thirty minutes of the day."

Purpose Driven Growth

Pure Life Physiotherapy & Health Centre is experiencing steady growth, a strong reflection of the quality of care they provide and the trust they have built with their patients. Starting with just one clinic at the beginning, they have now expanded to three locations, with their third location opened in 2025 in Cloverdale.

In addition to their geographical expansion, Pure Life is also focusing on expanding their team by bringing in more physiotherapists. "We've also been able to grow our team, adding more therapists and really expanding on our mentorship, training therapists all the way from junior level up until they become highly experienced."

Moreover, in 2025, the team achieved a major milestone, serving over 30,000 clients, while staying true to their core value of patient care. They also received multiple awards for excellence in treatment and patient care.

Looking ahead, the clinic is focused on expanding into specialized areas such as sports rehabilitation, post-surgical care, TMJ treatment, and vestibular therapy, ensuring that more patients have access to expert care in areas where it is often limited.

With a clear vision, a passionate team, and an unwavering commitment to quality care, Pure Life Physiotherapy & Health Centre continues to transform lives in Surrey. To get in touch with the team, visit purelifephysiotherapy.ca.

Manvir Singh MSc (PT)

Pure Life Physiotherapy & Health Centre

+1 604-337-1471

physio@purelifephysio.ca

Visit us on social media:

[Instagram](#)

[Facebook](#)

YouTube

X

Other

This press release can be viewed online at: <https://www.einpresswire.com/article/906892118>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.