

# Stronger This Spring Event Empowers Community to Prioritize Health and Wellness

*Local Medical Practice Brings Expert Wellness Education and Personalized Care to the Community This April*

BROOKINGS, OR, UNITED STATES, April 20, 2026 /EINPresswire.com/ -- This spring, individuals seeking a fresh start for their health and well-being are invited to attend the [Stronger This Spring Event](#), an immersive evening focused on personalized wellness solutions and expert-guided care. The event will take place on April 29, 2026, from 5:30 PM to 7:30 PM.

Designed to inspire and educate, the event will showcase a range of innovative programs tailored to support long-term health, vitality, and confidence. Attendees will have the opportunity to explore comprehensive wellness offerings and learn how customized care plans can help them achieve their individual health goals.

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Stronger This Spring is about more than just health programs. It is about empowering people with the tools, knowledge, and support they need to take control of their well-being,”

*Palak Patel, MD*

- Featured programs include:
- Comprehensive Wellness Program
- Medical Weight Loss Program
- Bioidentical Hormone Replacement Therapy (BHRT)
- IV Therapy
- Body Contouring Solutions
- Intimate Health Solutions

Guests will gain insight into how these services work together to create a holistic approach to wellness, with

guidance from experienced professionals dedicated to helping individuals feel and perform at their best.



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“Stronger This Spring is about more than just health programs. It is about empowering people with the tools, knowledge, and support they need to take control of their well-being,” said Palak Patel, MD. “We are excited to connect with our community and help individuals step into a healthier, more vibrant version of themselves.”

This event offers a welcoming environment for anyone interested in improving their health, exploring advanced treatment options, or simply learning more about personalized wellness strategies.

Event Details:

Date: April 29, 2026

Time: 5:30 PM – 7:30 PM

Location: 97825 Shopping Center Ave. Brookings, OR 97415

Attendees are encouraged to reserve their spot in advance.

For more information or to register, please visit

<https://mailchi.mp/cdb6ad4eaeeb/strongerspring>

About [Chetco Medical & Aesthetics](#)

At Chetco Medical & Aesthetics, the mission is to empower individuals of all ages to look and feel their best through compassionate, physician-led care and advanced aesthetic treatments. Taking a comprehensive approach that blends prevention, wellness, and personalized beauty solutions, they offer services such as medical weight loss, hormone optimization, longevity care, and intimate health alongside cutting-edge aesthetics. Every treatment plan is thoughtfully designed to support overall well-being while delivering natural, confidence-boosting results.

Their medspa, Bellezza, extends this philosophy in a pristine, spa-like setting where science meets artistry. At Bellezza, the team is committed to helping patients look as youthful as they feel through safe, effective treatments using state-of-the-art technologies, combination therapies, and specially curated medical-grade skincare. From body contouring and skin rejuvenation to anti-aging treatments, hair restoration, and women's intimate health, Bellezza offers a wide range of services guided by physician-developed, customized plans — ensuring refined, natural-looking results that enhance each individual's unique beauty.

Palak Patel, MD

Chetco Medical & Aesthetics

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