

The American Institute of Health Care Professionals Offers a Holistic Nursing Certification Program

Holistic and Integrative Nursing and Education Program Now Offered by the American Institute of Health Care Professionals, Inc.

WARREN, OH, UNITED STATES, April 29, 2026 /EINPresswire.com/ -- The American Institute of Health Care Professionals (AIHCP) has officially announced its [Holistic Nursing Certification](#) and Education Program, designed to equip registered nurses with advanced skills in integrative health care. The comprehensive program provides healthcare

professionals with the education necessary to deliver well-rounded, mind-body-spirit treatments to patients, further expanding their practice specialties and marketability in the medical field. Candidates who successfully complete the required 229 continuing education course hours will

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True healing extends far beyond the margins of a medical chart. By embracing the mind, body, and spirit as an interconnected whole, holistic nursing restores the vital pulse of empathy.”

*Dominick L. Flarey, Ph.D, RN,
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earn the prestigious "Certified Specialist in Holistic & Integrative Health Care" (HIHC-CSp) credential. The curriculum consists of six specialized courses that cover theory, clinical stress management, relaxation strategies, and emotional freedom techniques. By undertaking this curriculum, nurses gain an in-depth understanding of how to treat patients beyond traditional physical ailments, implementing holistic methods that promote long-term healing and well-being.

To qualify for the program, applicants must hold a current, valid registered nursing license in their practicing state or country. The initial certification remains valid for a four-year period, after which professionals must complete 50 contact hours of continuing education and log 500 practice hours to achieve

recertification, ensuring they remain at the forefront of holistic nursing advancements.

"By serving as the critical bridge between traditional medical practices and emotional well-being, holistic nursing anchors healthcare in a strictly human-centric approach. When health care professionals commit to treating the whole person rather than merely managing disease, they generate a profound ripple effect of compassionate care. This comprehensive methodology not only fosters sustainable health for the individual, but it actively heals our fragmented world, establishing a credible foundation for long-term societal wellness," says Dominick L. Flarey, Ph.D, RN, ANP-BC, PMH-BC, FACHE, President & Executive Director of the American Institute of Health Care Professionals, Inc.

Dr. Flarey continues to discuss Holistic Health and Holistic Nursing by adding While this approach saves lives, it sometimes misses a critical component of human health: the whole person. Patients increasingly seek care that addresses not just their physical ailments, but their emotional, mental, and spiritual well-being. This shift in patient expectations has brought holistic nursing to the forefront of the healthcare industry.

Holistic nursing operates on the philosophy that true healing requires treating the mind, body, and spirit as interconnected systems. By integrating traditional medical practices with alternative wellness strategies, nurses can guide individuals on a comprehensive journey toward long-term well-being. This specialized approach does more than just improve individual patient experiences. It elevates health care outcomes across entire communities.

For healthcare professionals, mastering these integrative techniques represents a significant step forward in career advancement. Achieving a specialized credential in this field allows you to enhance your practice, increase your marketability, and gain national recognition as a



credentialed expert. This article explores the profound benefits holistic nursing brings to society and outlines how pursuing specialized certification can elevate your professional trajectory.

A certified holistic nurse serves as a bridge between conventional medical treatments and complementary therapies. Rather than viewing a patient merely as a collection of symptoms or a specific diagnosis, these professionals look at the complete picture of a person's life. They assess environmental factors, emotional stressors, and lifestyle choices that may contribute to an individual's overall health status. This comprehensive perspective allows nurses to implement a wider variety of remedies. Through techniques such as clinical stress management, relaxation strategies, and emotional freedom techniques (EFT), practitioners provide well-rounded treatment from day one.

New modalities are consistently tested for efficacy, ensuring that professionals trained in integrative care are prepared to offer the highest standard of evidence-based practice.

Holistic nurses play a key role in educating patients about alternative options for maintaining health, such as finding natural ways to keep the heart healthy or managing sugar intake through lifestyle choices. By providing individuals with the knowledge to make informed decisions about their daily habits, nurses foster a sense of autonomy. Educated patients take proactive steps toward wellness, reducing hospital readmissions and minimizing the burden on the broader healthcare system.

The road to achieving the certification is the full curriculum of [holistic nursing courses](#), which are continuing education courses. All courses are offered in online classrooms, are self-paced with faculty mentoring as needed. There is open-enrollment and RN's may enter the program and begin their journey of certification in holistic nursing at anytime. Registered Nurses who are interested in this specialty practice may learn more about holistic nursing by accessing this informative page on our site: [Role of the Holistic Nurse](#).



"My experience with AIHCP was excellent. I am a geriatric nurse practitioner and completed the Holistic and Integrative program. The knowledge I received will help me to improve the care I give to my patients on a daily basis," stated Yahaira Rodriguez, APRN, AGNPC. "Definitely the program is more affordable than many other places. Once each class and test were complete, I received the certificate within 1-2 days and those hours were also reported to my Ce-broker. I will recommend this AIHCP to my NP colleagues and friends. It is definitely worth it."

About The American Institute of Health Care Professionals

The American Institute of Health Care Professionals Inc. (AIHCP) is a professional organization serving various health care professionals by providing Health Care Certification, Continuing Education, and Fellowship programs in numerous practice specialties. The organization is dedicated to helping practitioners acquire advanced knowledge, achieve national recognition, and become credentialed experts in their respective fields. To learn more about AIHCP, visit us at: www.aihcp.net

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