

# Influential Women Highlights Sheila S. Beesley-Smith, BSN, RN: Elevating Senior Care Through Nursing Leadership

NAMPA, ID, UNITED STATES, May 4, 2026 /EINPresswire.com/ -- Founder of Beesley Consulting, LLC, Brings Over Three Decades of Clinical Experience to Improve Compliance, Quality, and Operations Across the Pacific Northwest

Sheila S. Beesley-Smith, BSN, RN, is the Owner and Founder of Beesley Consulting, LLC, a specialized nursing and administrative consultancy dedicated to supporting assisted living, memory care, and residential care communities across the Pacific Northwest. Sheila was driven into nursing as a mission to make a difference in the lives of elderly patients. After the loss of her son William to S.I.D.S. She left her career in the non-profit poverty industry to become a nurse.



Since its founding five years ago, Beesley Consulting has become a trusted partner for healthcare organizations seeking expert guidance in compliance, operational efficiency, and quality care delivery.

Through her firm, Sheila provides ongoing contracts, mandated state consultation work, and interim leadership services to facilities navigating complex regulatory environments. Her work focuses on clinical systems, medication oversight, RN delegation, quality assurance, and interim administration—critical areas that directly impact patient outcomes and organizational stability. Known for her ability to step into challenging situations, Sheila is frequently called upon by state health agencies to restore compliance and strengthen operations in underperforming facilities.

With over 31 years of experience as a registered nurse and more than 21 years as a regional nurse consultant in the Senior Living industry, she brings both clinical depth and strategic insight to every engagement. She is a licensed administrator in Oregon, Idaho, and Washington, and her reputation for integrity, expertise, and leadership has made her a respected figure in senior care consulting.

Sheila earned her Bachelor of Science in Nursing, graduating summa cum laude, from the University of Phoenix in 2022. She also holds an Associate of Science in Nursing from Boise State University, where she received the Distinguished Student Award for Academic Excellence. In addition to her professional work, she actively supports the Idaho Health Care Association and maintains mandated consultant roles with Health and Welfare agencies in Oregon and Idaho.

Sheila attributes her success to her faith in God, which she says has guided her through challenges, provided clarity in decision-making, and given her the perseverance to pursue her goals with purpose and integrity. One of the most impactful lessons she has carried throughout her career is the importance of aligning one's work with an internal "magnetic north." By staying true to her values, she has been able to build a career that is both meaningful and impactful.

As a mentor and leader, Sheila encourages young women entering healthcare to remain grounded in compassion and purpose. She believes it is essential to remember why they chose the field and to let that calling guide them, even in the face of adversity.

Sheila also recognizes the ongoing nursing staff shortage as one of the most pressing challenges in the healthcare industry today. While this issue places increased strain on existing teams and impacts patient care, she sees it as an opportunity to innovate—by improving staffing models, investing in workforce development, and creating stronger support systems that promote sustainability and excellence.

Guided by values of honesty, integrity, humor, and connection, Sheila strives to create environments that balance professionalism with warmth and approachability. Whether working with healthcare teams or engaging in her personal life, she prioritizes transparency, positivity, and meaningful relationships.

Based in Eagle, Idaho, Sheila enjoys running, gardening, and spending time with her family and three pets. Through her leadership at Beesley Consulting, she continues to make a lasting impact—helping healthcare organizations deliver high-quality care while fostering environments where both patients and professionals can thrive.

Learn More about Sheila S. Beesley-Smith:

Through her Influential Women profile, <https://influentialwomen.com/connect/sheila-beesley-smith> or through her website, <https://www.beesleyconsulting.com/>

## Influential Women

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