

Sol Endocrinology Highlights Comprehensive Care for Adrenal Disorders in Dallas

Led by Dr. Erin Roe, the practice offers advanced diagnosis and personalized treatment for complex hormonal conditions

DALLAS, TX, UNITED STATES, May 4, 2026 /EINPresswire.com/ -- [Sol Endocrinology](#), under the leadership of board-certified endocrinologist Dr. Erin Roe, is raising awareness about adrenal disorders and the importance of specialized care for patients experiencing hormonal imbalances.

The adrenal glands, small but powerful organs located above the kidneys, play a critical role in regulating essential body functions such as metabolism, blood pressure, stress response, and electrolyte balance. When these glands do not function properly, patients may experience a wide range of symptoms that can often go unrecognized or misdiagnosed.



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"Adrenal disorders can significantly impact a person's quality of life, yet they are frequently overlooked because symptoms can be subtle or mimic other conditions," said Dr. Erin Roe. "Our goal at Sol Endocrinology is to provide clarity through advanced testing and deliver personalized treatment plans that truly address the root cause."

Sol Endocrinology specializes in diagnosing and managing a variety of adrenal conditions, including:

Adrenal adenomas, which are often discovered incidentally during imaging studies and may or

may not produce excess hormones

Cushing's syndrome, caused by excess cortisol production, leading to weight gain, fatigue, and metabolic changes

Adrenal insufficiency, where the body does not produce enough essential hormones, resulting in fatigue, low blood pressure, and weakness

Primary aldosteronism, a condition that can contribute to high blood pressure and low potassium levels

Using a comprehensive and patient-centered approach, Dr. Roe evaluates whether adrenal growths or abnormalities are functioning, meaning they produce excess hormones, or non-functioning. This distinction is essential in determining whether monitoring, medication, or further intervention is needed.

"At Sol Endocrinology, we take the time to listen to our patients and connect the dots between their symptoms, lab results, and imaging findings," Dr. Roe added. "Hormonal health is complex, but with the right expertise, it can be effectively managed."

The practice utilizes advanced diagnostic tools, including specialized hormone testing and imaging interpretation, to ensure accurate diagnosis. Treatment plans are tailored to each patient's needs, focusing on restoring hormonal balance and improving long-term health outcomes.

Patients experiencing unexplained weight changes, persistent fatigue, high blood pressure, or other symptoms related to hormonal imbalance are encouraged to seek [evaluation](#) from an endocrinology specialist.

[About Sol Endocrinology](#)

Sol Endocrinology is a Dallas-based practice dedicated to providing expert care for hormonal and metabolic conditions. Led by Dr. Erin Roe, the clinic offers a personalized, evidence-based approach to diagnosing and treating endocrine disorders, including adrenal, thyroid, and metabolic health concerns.

Dr. Erin Roe

Sol Endocrinology

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