

Selfistry MD Spa Introduces Glacē™ Treatment: A Gentle, Skin-Purifying Ritual for a Grounding, Glowing Complexion

CUTLER BAY, FL, UNITED STATES, May 12, 2026 /EINPresswire.com/ -- [Selfistry MD Spa](#), a leading provider of advanced aesthetics and skincare solutions in Cutler Bay is proud to announce the launch of [Glacē™](#) treatment, a gentle, multi-step [hydrodermabrasion](#) experience that combines science and self-care to purify, hydrate, and illuminate the skin. Designed to deliver both visible results and a moment of mindful restoration, the Glacē treatment transforms skincare into a grounding ritual that leaves the skin glowing, refreshed, and renewed.

More than a facial, the Glacē treatment integrates four proven steps to renew and refine the skin. It begins with advanced hydrodermabrasion to exfoliate and remove impurities, followed by a targeted serum infusion that delivers hydration and nutrients where skin needs them most. A cupping massage supports lymphatic drainage and facial contouring, and LED technology completes the experience by calming the skin and enhancing post-treatment radiance. Each treatment is performed with sterile, single-use diamond tips and naturally derived serums for a hygienic, gentle, and effective result across all skin types.

“The Glacē treatment is where self-care meets skin care,” says Dr. Claudia Cuevas.

What Is the Glacē Treatment?

The Glacē treatment is a gentle, skin-purifying experience that combines advanced hydrodermabrasion, cupping massage, and LED technology to clarify, contour, and illuminate the skin. Each multi-step session is tailored to individual skin needs, making it ideal for anyone seeking smoother texture, restored hydration, or a visible glow without irritation or downtime. The result is skin that looks radiant and feels calm, refreshed, and balanced.



Hydrated, Radiant Skin
- No Downtime

Glacē™

A next-level hydrodermabrasion facial that cleanses, exfoliates, and infuses skin with nourishing serums in one luxurious treatment.

[Book Now](#)

Selfistry MD Spa
EXPERT MEDICAL AESTHETICS





Our clients love that it's gentle, hygienic, and delivers a visible glow after just one session. It's more than a treatment; it's a moment to recharge and reconnect with yourself."

Dr. Claudia Cuevas

Each Glacē treatment includes:

- Diamond Tip Hydrodermabrasion: Gentle exfoliation using hygienic, single-use tips in four levels of abrasion to suit different skin types.
- Custom Serum Infusion: A tailored combination of cleansing and naturally derived serums that deeply hydrate and target concerns like dullness, blemishes, uneven tone, or sensitivity.
- Dual-Mode Cupping Massage: Rhythmic suction that

encourages lymphatic drainage, contours the face, and enhances skin detoxification.

- LED: Red, green, or blue light settings calm redness, brighten the complexion, and revitalize the skin.
- Biocellulose Mask Finish: A cooling, hydrating facial mask enhances skin absorption and delivers a final boost of radiance.

Benefits of Glacē Treatment:

Glacē treatments are gentle, relaxing, and designed to deliver visible skin improvements with no downtime. Clients often notice smoother texture, more even skin tone, and a vibrant glow immediately after their luxurious session.

Common skin concerns the Glacē treatment can help address include:

- Dull or dehydrated skin
- Uneven skin tone and texture
- Fine lines and loss of firmness
- Oily or congested skin
- Mild acne blemishes or breakouts
- Puffiness and fluid retention
- Sensitivity and reactive skin appearance (non-medical)

Because the Glacē treatment is non-invasive and fully customizable, it is suitable for all skin tones and types, including those with sensitive or mature skin.

Clinical Results and Client Satisfaction

The Glacē treatment is backed by clinical data showing impressive results in patient satisfaction and skin improvement. In clinical evaluations:

- 100% of patients reported noticeably cleaner skin after treatment
- 92% experienced an improvement in hydration
- 91% said their overall skin health improved

- 90% indicated they would book another Glacē treatment in the future

Before-and-after images have shown remarkable improvements in radiance, clarity, and skin texture after a single treatment and continued enhancement with repeated sessions.

A New Standard in Advanced Skincare

Rooted in the belief that healthy skin begins with balance, the Glacē treatment brings together technology and tranquility. The combination of soothing massage, LEDs, and naturally inspired serums creates a restorative experience that benefits both skin and spirit. It's not just a treatment, it's a grounding, glow-giving ritual that renews confidence from the inside out.

Book a Glacē Treatment at Selfistry MD Spa:

Selfistry MD Spa is now accepting appointments for Glacē treatments. Whether clients are looking to prep their skin for an upcoming event, refresh their glow for the season, or maintain long-term skin health, the Glacē treatment provides a science-backed solution in a luxurious setting.

To schedule a consultation or learn more about Glacē facial treatments, visit <https://www.selfistrymdspa.com/> or call (786) 863-7498. Appointments are available now, and space is limited.

About Selfistry MD Spa:

Selfistry MD Spa is a physician-guided medical aesthetics and wellness practice focused on personalized care, professional oversight, and evidence-based treatment approaches. The practice offers a range of aesthetic and wellness services designed to support skin health, confidence, and overall well-being in a medically supervised environment.

The name "Selfistry" reflects the concept of self-expression through personalized aesthetic and wellness care. The "MD Spa" designation signifies that treatments and wellness services are performed under the supervision of licensed Medical Doctors, with an emphasis on patient education, safety, and individualized treatment planning.

Selfistry MD Spa provides medical aesthetic services for the face, skin, hair, and body, along with medically supervised wellness offerings, including hormone replacement therapy consultations and physician-guided weight management programs tailored to individual goals and health considerations.

All services are provided by qualified professionals in accordance with established clinical and safety standards.

Dr. Claudia Cuevas

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