

# There Once Was a Girl Shares a Courageous Story of Survival, Faith, and Healing After Abuse

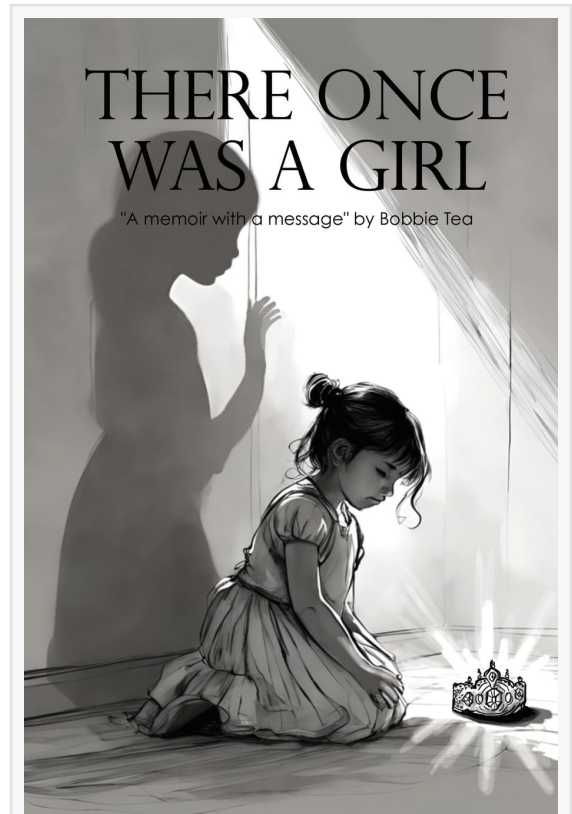
*Bobbie Tea delivers a deeply personal memoir that confronts childhood trauma, generational dysfunction, and the journey toward spiritual restoration and hope.*

NEW YORK CITY, NY, UNITED STATES, May 13, 2026 /EINPresswire.com/ -- In her emotionally powerful memoir, *There Once Was a Girl*, author Bobbie Tea opens the door to a deeply personal story of abuse, survival, and spiritual redemption. Through raw honesty and unwavering courage, the book explores the long-lasting impact of sexual, emotional, and physical abuse while offering readers a testimony of healing, resilience, and faith in the face of profound darkness.

At the heart of the memoir is Bobbie's experience growing up in a deeply dysfunctional household marked by alcoholism, manipulation, and silence. While caring for her father during the final years of his life, she is forced to confront painful memories hidden within the very walls of the home where much of the abuse occurred. Moving between present-day reflections and traumatic recollections from childhood, Bobbie pieces together the emotional and spiritual wounds that shaped her life for decades.

The memoir presents an unflinching look at the devastating effects of abuse and neglect. Bobbie recounts the actions of an alcoholic father who served as the primary source of harm, alongside a mother whose quiet dysfunction and hidden struggles left emotional needs unmet. Yet beyond the human pain, the book also explores Bobbie's spiritual perspective on the darkness she believes sought to silence and destroy her throughout her life.

Despite the weight of trauma, *There Once Was a Girl* ultimately becomes a story of hope and redemption. Through faith in God and spiritual awakening, Bobbie describes the turning point that allowed her to begin healing from years of suffering and emotional bondage. Her testimony



There Once was a Girl by Bobbie Tea

reflects the belief that even the deepest wounds can be confronted and transformed through truth, courage, and divine intervention.

Bobbie Tea wrote the memoir not only as an act of personal healing but also to give voice to others who may feel trapped in silence, shame, or fear. By sharing her journey openly, she hopes readers struggling with abuse, trauma, addiction, or spiritual despair will recognize that healing is possible and that their stories matter.

The book speaks especially to survivors of childhood abuse, individuals navigating emotional recovery, faith-based readers seeking stories of redemption, and anyone looking for encouragement amid painful personal circumstances. Its honest and vulnerable narrative offers readers both emotional resonance and spiritual hope.

Bobbie Tea is an author and survivor whose work reflects a commitment to truth-telling, healing, and spiritual restoration. Through her writing, she seeks to encourage others to break silence, confront hidden pain, and discover hope beyond trauma.

The book is available at:

<https://a.co/d/0btmLPMe>

<https://www.barnesandnoble.com/w/there-once-was-a-girl-bobbie-tea/1148200650?ean=9798868520679>

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