

# The Meadowglade Repositions Mental Health Rehab Services Across Residential and Outpatient Care

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MOORPARK, CA, UNITED STATES, May 16, 2026 /EINPresswire.com/ -- The Meadowglade, a residential and outpatient mental health treatment center located in Moorpark, California, has announced that its [mental health rehab](#) services will now be offered at three different levels of care: residential treatment, Partial Hospitalization Program, and Intensive Outpatient Program.



Health Rehab Services

The release describes the facility's ongoing emphasis on organized treatment alternatives for adults looking for outpatient and residential mental health help. Anxiety, depression, trauma-related disorders, bipolar disorder, obsessive-compulsive disorder, post-traumatic stress disorder, personality disorders, stress-related disorders, grief, self-harm concerns, and eating disorders are among the conditions for which the center offers programming.

The Meadowglade is based on a 24-acre property outside of Los Angeles in Moorpark, California. A Partial Hospitalization Program for organized daytime therapy, an Intensive Outpatient Program for clients who need planned care while continuing with daily obligations, and residential care with round-the-clock support are all part of its therapeutic model. The hospital defines its services as a continuum of care that includes both outpatient and inpatient mental health rehab.

"The repositioning illustrates how The Meadowglade arranges care for patients with varying treatment requirements and clinical support levels," said Narine Babikian, Executive Director. "Our operating goal is to facilitate continuity between residential, PHP, and IOP therapies, each of which plays a distinct role in the therapeutic process."

The residential program at the facility is intended for patients who need a controlled living situation while receiving therapy. While the Intensive Outpatient Program often entails fewer treatment hours per week and may assist persons transitioning from higher levels of care or managing duties outside of treatment, the Partial Hospitalization Program offers a higher level of outpatient mental health rehab care. IOP may entail three to four hours of programming, three to four days a week, according to Meadowglade's Moorpark program literature.

The facility's use of the phrase "luxury mental health rehab" is also made clearer by the repositioning. The residential setting, estate-style setting, and program amenities that are provided are all included in this definition. It is not compared to other treatment providers or used as a rating claim.

"Measurable and therapeutically relevant elements, such as staffing, clinical assessment, treatment structure, level of care, and continuity planning, should be the foundation of discussions regarding the best mental health rehab centers," said Alyssa Bedford, Lead Therapist. "Clinical need, therapeutic objectives, and the level of assistance needed all influence the level of care chosen for a client."

According to the center, its treatment strategy may involve psychiatric care, group therapy, individual therapy, and holistic treatment methods. The facility characterizes its care model as multidisciplinary, including programs that may address eating problems as well as mental health issues.

Additionally, the hospital notes that it collaborates with insurance companies; coverage is contingent on specific plans, authorization criteria, and treatment level.

#### About The Meadowglade

The Meadowglade, a mental health and eating disorder treatment center in Moorpark, California, was established in 2018. The organization provides therapies, an intensive outpatient program, a partial hospitalization program, and residential care. Operating on a 24-acre site in Moorpark, the hospital offers organized care for adults in Southern California seeking mental health rehabilitation services.

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