

# Texas State Optical Champions Expands Specialty Contact Lens Care in Houston as Allergy Season Drives Surge

HOUSTON, TX, UNITED STATES, June 16, 2026 /EINPresswire.com/ -- As allergy seasons in Houston continue to grow longer and more intense, Texas State Optical Of Champions is helping local patients who have given up on wearing contact lenses due to chronic irritation, dryness, and discomfort. Under the leadership of Dr. Ayesha Butt, the Northwest Houston practice is expanding access to specialty contact lens solutions designed specifically for patients struggling with allergies and dry eye symptoms.

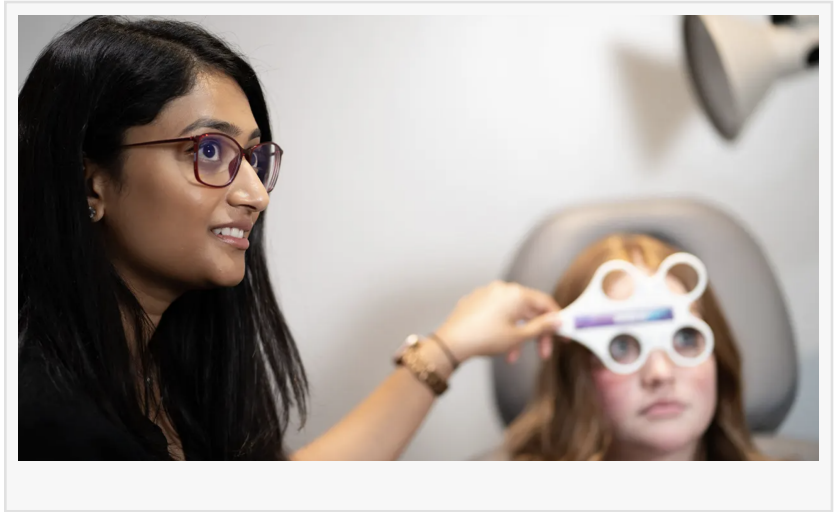
Many contact lens users eventually stop using lenses altogether because their eyes become too irritated to tolerate them comfortably. Seasonal allergens, inflammation, poor tear quality, and underlying dry eye disease can all make standard lenses difficult to wear for extended periods. At TSO Champions, the goal is to help patients understand why their lenses have become uncomfortable and provide long-term solutions that restore both comfort and visual clarity.

"People often assume they just can't wear contacts anymore, but that's not always true," said Dr. Butt. "In many cases, the real issue is untreated inflammation, dryness, or allergy-related irritation. Once we identify the cause, we can usually recommend options that dramatically improve comfort."

Texas State Optical Of Champions offers advanced evaluations for patients experiencing



burning, redness, excessive tearing, blurry vision, or discomfort while wearing contacts. The clinic utilizes diagnostic technologies including TearLab osmolarity testing, InflammDry testing, and Meibomian Gland Photography to assess tear quality, inflammation levels, and gland function before recommending treatment.



Patients suffering from allergy-related irritation may also benefit from personalized allergic conjunctivitis treatment designed to reduce inflammation and stabilize the eye surface. According to Dr. Butt, many patients are surprised to learn that untreated allergies are one of the leading reasons contact lenses become intolerable over time.

For patients with more severe symptoms, TSO Champions offers advanced [contact lenses for dry eyes Houston](#) patients can wear more comfortably, including custom soft lenses and specialty scleral lenses. Unlike traditional contact lenses, scleral lenses vault over the sensitive surface of the cornea while maintaining a layer of moisture underneath the lens throughout the day. This creates a smoother and more stable wearing experience for patients with chronic dryness, irritation, or corneal irregularities.

The clinic has become increasingly recognized for fitting [scleral lenses Houston](#) patients can rely on after struggling with conventional contact lenses for years. These specialty lenses are often recommended for patients with dry eye disease, keratoconus, post-surgical corneas, or severe environmental sensitivities.

Houston's climate and high pollen levels can make symptoms even worse during peak allergy months. Increased screen time, air conditioning, and prolonged digital device use also contribute to tear film instability, making discomfort more noticeable for contact lens wearers. Dr. Butt says education plays an important role in helping patients protect their long-term eye health.

"We spend time talking with patients about their daily habits, environment, and symptoms because eye comfort is influenced by so many factors," Dr. Butt explained. "When patients understand what's happening with their eyes, they feel more empowered and confident about treatment."

Texas State Optical Of Champions serves families across Northwest Houston including Champions, Cypress Creek, Klein, Spring, and Willowbrook. The clinic is located at 5774 Cypress Creek Parkway, Houston, TX 77069, just minutes from Champions Forest.

To schedule a contact lens evaluation or learn more about dry eye and allergy-related eye treatments, call (281) 440-5887 or visit [www.tsoatchampions.com](http://www.tsoatchampions.com).

Dr. Ayesha Butt

Texas State Optical (Champions)

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