

Debra Ison's 'The Confession' Unravels a Deadly Pact and the Quest for Redemption

A High-Stakes Thriller Where Past Mistakes Collide with a Second Chance at Love. Published by Spines.

LEXINGTON, KY, UNITED STATES, May 28, 2026 /EINPresswire.com/ -- When Dr. Matthew Brooks, a high-society dentist with a crushing gambling addiction, agrees to a murder-for-hire plot

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proposed by his dental assistant, he believes he has found an escape from financial ruin. But when the target dies accidentally before the plan can be executed, a missing signed confession becomes a ticking time bomb. Published by [Spines](#), Debra Ison's [The Confession](#) is a masterfully woven tale of suspense, secrets, and the arduous road to redemption.

The narrative follows Brooks as he flees his crumbling life in Chicago for the neon lights of Las Vegas, where an encounter with Carolyn Hodges, a fit and composed widow

from Kentucky, offers him a glimpse of a different future. However, the shadow of his past looms large. Brooks soon finds himself embroiled in a dual race against time: he must locate the incriminating document hidden in a piece of furniture sold at auction while simultaneously helping Carolyn defend her family's horse farm against a violent and escalating local feud.

Set against the vivid backdrops of elite urban practices and the lush, high-stakes world of Central Kentucky horse country, Ison explores the fragility of reputation and the transformative power of love. The story shifts seamlessly from the cold calculations of a criminal conspiracy to the visceral tension of a rural vendetta, challenging the reader to consider how far a person will go to bury their past—and what they will risk to save their future.

“In writing *The Confession*, I wanted to explore the thin line between desperation and morality, and how even the deepest secrets can be transformed by the power of a genuine connection,” said author Debra Ison. “Matthew’s journey is one of realizing that while we cannot change our history, we can choose who we become in the aftermath of our mistakes.”

Key Highlights of *The Confession* Include:

A Multi-Layered Narrative: A unique blend of psychological thriller and romantic suspense that keeps readers guessing across state lines.

Redemptive Arc: A profound look at character transformation, as a narcissistic protagonist discovers selflessness through the eyes of another.

Atmospheric Setting: Rich descriptions of the Kentucky Bluegrass region and the specialized industry of equine therapy and rescue.

High-Stakes Tension: A relentless pursuit by a suspicious detective that maintains a high-velocity pace until the final page.

“The Confession” is available now in print-on-demand and eBook formats.

About the Author

Debra Ison is an established author based in Central Kentucky, the heart of horse country.

Following a distinguished healthcare career, she retired to pursue her lifelong passion for storytelling. Ison is known for her ability to explore complex human connections and deliver unexpected narrative twists. Her bibliography includes the Sarah Richards Mystery Series and several beloved children’s books. She lives with her faithful dog, Benny, and continues to draw inspiration from the landscapes and people of the Bluegrass State.

Book Details

Title: The Confession

Author: Debra Ison

Publisher: Spines

ISBN: 979-8-90222-421-1

Availability: You can find this book on [Amazon](https://www.amazon.com) and major retailers worldwide.

Published with Spines [\[https://Spines.com\]](https://Spines.com), the world’s first tech-driven publishing platform.



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