

Sleepal® AI Lamp Recognized Kickstarter Project We Love - Award-Winning Clinically Validated Contactless Sleep System

Secure access to the world's first contactless multifunctional AI-Based Sleep System through Kickstarter to improve your sleep, health, and well-being.

RIVERSIDE, CA, UNITED STATES, June 8, 2026 /EINPresswire.com/ -- The

[Sleepal®](#) AI Contactless Sleep System, winner of CES Innovation Awards for Accessibility & Longevity, Smart Home, and Digital Health and proven more accurate than wearable sleep trackers

like Apple Watch and Oura Ring, is the focus of a [Kickstarter](#) campaign and has already been recognized as a Kickstarter Project We Love.



Sleepal® Sleep Tracker & Optimizer

“

After a decade of debugging systems as the General Manager at a Fortune 500 company, my greatest pride is that we have successfully debugged sleep and we now enable others to do it with Sleepal®!”

Dian Fan, Sleepal® founder and CEO

The Sleepal® Kickstarter campaign gives pledgers early access to the device and exclusive, time-limited savings of up to 33%. It's a unique opportunity for users to take full control of their sleep experience and environment with the world's most complex, accurate, versatile, and effective sleep system. It has already been endorsed and appreciated by numerous sleep, health, and tech experts for its multifunctional design and exceptional performance.

WHAT MAKES SLEEPAL® A MUST-HAVE FOR EVERY SLEEPER?

1. More Accurate, More Effective, and More Convenient Than Top Wearable Sleep Trackers

A peer-reviewed study co-authored with MIT and other institutions shows that Sleepal® has a

higher Kappa score (the widely accepted metric for sleep-staging accuracy) than top-tier wearables, outperforming even the Apple Watch and Oura Ring. This was made possible by the large-scale clinical radar sleep datasets, the advanced 100M-parameter AI, and the multiple multimodal sensors incorporated into the device.

Sleepal® also takes the lead by tracking many more parameters than wearables. Besides user behavior like sleep stages, breathing, and heart rate, it also tracks snoring, sleep position, environmental factors, and sleep trends, providing a much more accurate and complete picture of one's sleep health, environment, and habits.

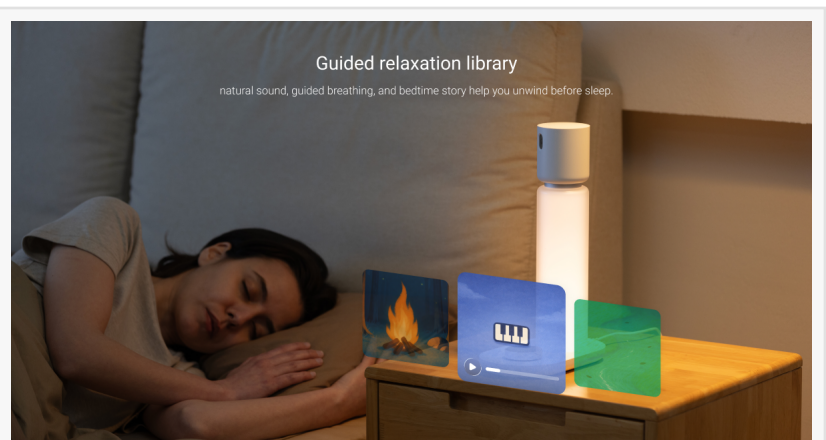
The best part is that Sleepal® achieves all this without any physical contact or discomfort for the user. It's also more affordable than the Apple Watch and Oura Ring, and can be used in parallel. A discrete and elegant presence on your nightstand, once plugged in, it works its magic in the background without requiring wearing, recharging, or turning on and off.

2. Turns Tracking Into Actionable Advice, Becoming Your Personal Sleep Coach

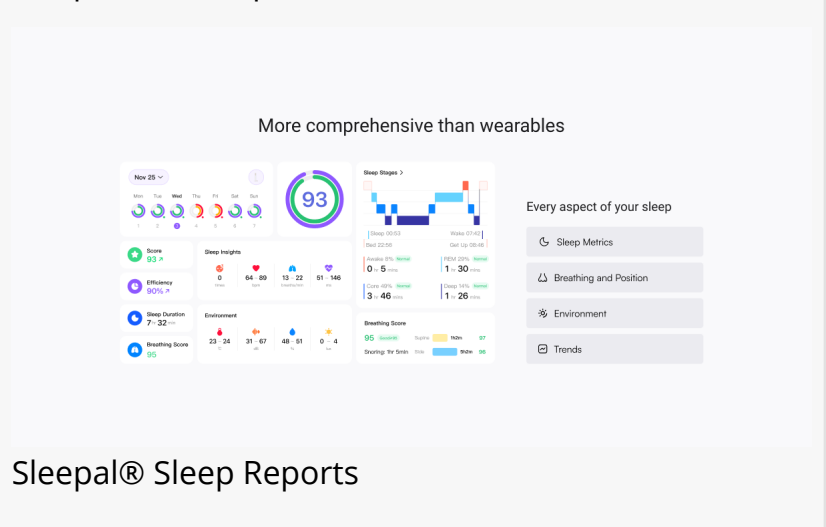
Sleepal's AI-based system analyzes the information obtained, provides overall sleep scores and optimization suggestions, and tracks your progress night over night, helping you take control and improve your sleep. You could be suffering from snoring, insomnia, or other underlying conditions that prevent you from getting your much-needed rest. This device not only helps you figure out what's wrong, but also provides easy tips to improve your sleep and well-being. A future sleep apnea notification is currently in FDA Pre-Submission phase and will be made available via OTA once FDA clearance is obtained.

Small changes, like a lower or higher sleep temperature, an earlier bedtime, or a different sleep position, can have a major impact on your sleep comfort. For example, if it detects that you snore and sleep mostly on your back and stomach, it will recommend side sleeping, since it's proven to reduce snoring.

Sleepal® gives you a nightly breakdown of your sleep position and snoring patterns, coaching



Sleepal® AI Sleep Coach



you to build better sleep habits over time. It not only helps you identify and implement small sleep changes, but also measures their outcome, tracking your progress as it guides you on the path to better sleep.

3. Sleep and Wellness Powerhouse on Your Nightstand

Depending on your sleep issues and the experts you consult, you could get recommendations for anything from CPAP machines to white noise and soundscape devices, meditation apps, circadian lamps, smart alarms, smart home systems, and more. These are all helpful tools, but they all take space and have their own costs and usage requirements. At least they did, until Sleepal® came along, incorporating all of them and more into the same smart and elegant design:

*** Sleep tracker - Assess, monitor, and understand your sleep and the environmental factors influencing it.

*** Sleep coach - Get the advice, tools, and solutions needed to improve your sleep in the comfort of your home.

*** White noise and soundscape machine - Play relaxing sounds on the sleep fade Bluetooth speaker.

*** Relaxation coach - Learn to meditate, breathe, clear your mind, and relax with bedtime stories.

*** Circadian lamp - The high CRI Ra>95, zero blue light dims out as you fall asleep and turns on when you wake up.

*** Smart alarm - Wake up gently, to sunrise-mimicking light during light sleep and smart movement snoozing.

*** Smart home control - Sleepal® integrates with Google and Amazon smart home systems to create the perfect sleep environment.

It's your personal wellness powerhouse, providing not only the knowledge and solutions for improving your sleep and daily routine, but also the tools to do so, all with the help of the [Sleepal® App](#).

4. Privacy First Design

Sleepal® developers thought of everything. There is no camera on this FCC & CE Certified product. A physical privacy button puts you in control of your data and physically disconnects all sensors. Then, because most data is processed locally, especially voice, you don't need to worry about leaks. Finally, all transmissions are encrypted, as an additional precaution. In other words, you have a safe and discreet companion on your nightstand.

KICKSTARTER CAMPAIGN DETAILS

Priced at \$449, Sleepal® is available to Kickstarter backers worldwide at \$299/unit. The campaign

has exceeded its preliminary goal 26x and continues through July 18, recognized as a Kickstarter Project We Love. More details about the product, the campaign, and the available backing opportunities can be found at <https://www.kickstarter.com/projects/sleepal/sleepal-ai-lamp-tracking-and-improving-sleep-naturally>.

SLEEPAL® FOUNDING STORY

Sleepal®, developed by a brilliant team of former Fortune 500 tech giant managers and employees, debuted in January 2026 at CES with Innovation Awards for Accessibility & Longevity, Smart Home, and Digital Health. Since then, the device has been reviewed and endorsed by numerous health and sleep specialists, including but not limited to Prof. Dr. Thomas Penzel, President of the World Sleep Society, Sleep Review, Digital Trends, Daily News, Tom's Guide, and influencers like Shane Whatley and Jeff Springer. It conquered everyone with its smart, multifunctional design and numerous life-changing, practical features.

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