

# Natural Healing Center Earns 94% Consumer Rating Across 16 Chronic Health Conditions Over 18 Years

*451 verified consumer reviews across five platforms name Newport Beach naturopathic practice a top destination for chronic health conditions.*

NEWPORT BEACH, CA, UNITED STATES, June 5, 2026 /EINPresswire.com/ -- At a time when Americans are actively seeking alternatives to conventional chronic disease management, one Newport Beach naturopathic practice has quietly built what may be the most extensively verified consumer outcome record in its field.

“

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*Shannon Eggleston, founder of Natural Healing Center*

Natural Healing Center has published a structured analysis of 451 verified consumer reviews spanning 18 years and five major review platforms, yielding a 94% positive rating across 16 distinct health condition categories.

The timing is significant. Consumer interest in root-cause wellness approaches has surged across search and social platforms in 2025 and 2026, with searches for natural alternatives to chronic disease management reaching multi-year highs. Natural Healing Center's dataset spanning 2008 to 2026 documents that consumer demand for this model of care is not new. It has been building for nearly two decades.

16 Conditions. One Consistent Finding.

Consumer reviews document improvement across gastrointestinal and digestive conditions including IBS, colitis, and acid reflux (35.4% of reviews); chronic fatigue and energy disorders (27.1%); mental health conditions including anxiety, depression, and brain fog (18.8%); hormonal imbalances including hypothyroidism, menopause, and PMDD (17.5%); skin conditions including eczema and hormonal acne (15.8%); immune and autoimmune conditions including rheumatoid arthritis and POTS (12.5%); weight management concerns (12.5%); musculoskeletal pain and fibromyalgia (11.7%); sleep disorders (10.5%); cardiovascular and metabolic concerns (9.2%); respiratory conditions (7.5%); post-COVID and long COVID symptoms (6.3%); environmental

toxicity including mold illness (5.0%); post-surgical recovery (3.3%); and ophthalmic conditions including glaucoma (2.1%).

An estimated 40 to 50 percent of reviewers describe Natural Healing Center as a second-opinion or last-resort destination following conventional care -- making the 94% positive consumer rating particularly notable in context.

"These are not people who arrived feeling slightly under the weather," said Shannon Eggleston, founder of Natural Healing Center. "These are people who had been through the system, had the tests, seen the specialists, and still had no answers. The fact that 94% of them report a positive experience is the story."

#### Consumer Accounts: The Numbers Cannot Fully Capture

The report highlights eight detailed consumer accounts selected for specificity. One reviewer described arriving unable to leave home independently in 2024 and reported full recovery at seven months. Another documented a blood sugar improvement confirmed by independent lab results at a four-month follow-up. A third described a glaucoma presentation that an independent specialist confirmed resolved at a follow-up appointment. A fourth reported discontinuing a CPAP machine within four weeks of beginning the practice protocol.

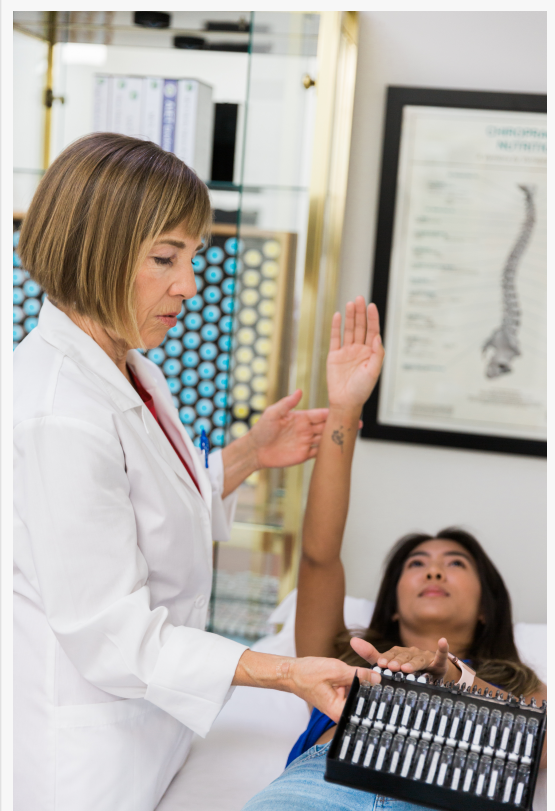
Across all eight accounts, the common thread is the same: long-standing unresolved health concerns, a last-resort decision to seek naturopathic care, and documented improvement.

#### What the Critical Reviews Reveal

Of 451 reviews, 12 -- representing 2.7% of the dataset -- are critical. Their concerns center on cost transparency and administrative policy. None document an adverse health experience. That figure -- zero documented adverse experiences across 18 years -- is published alongside the full dataset in the interest of transparency.

"We publish the critical reviews because they matter," said Eggleston. "Transparency is not just good ethics. It is what builds trust over 18 years."

The full consumer outcomes report is published at [naturalhealingcenter.us/client-reported-outcomes-report-nutrition-response-testing/](https://naturalhealingcenter.us/client-reported-outcomes-report-nutrition-response-testing/)



Shannon Eggleston, Founder of Natural Healing Center

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