

Arlen J. to Appear on Life Changers TV

FL, UNITED STATES, June 8, 2026

/EINPresswire.com/ -- Arlen J., author, creative director, and founder of Prodigy Mindset, is set to appear on Life Changers TV, where he will share insights on performance mindset, conscious awareness, self-leadership, and personal reinvention.

Life Changers TV is a multi-season television series that spotlights the experts helping people transform their businesses, relationships, performance, and lives. Each episode features a high-level coach sharing the philosophy, strategies, and lessons that have shaped their work. From mindset breakthroughs to leadership principles, viewers gain insight into the real methods coaches use to help people unlock their potential.

You can find out more about the show by going to [website](#)



In this episode, Arlen J. will explore the relationship between identity, alignment, and sustainable performance, including how internal dialogue shapes behavior, why many high performers struggle with outdated self-narratives, and what it means to navigate periods of reinvention with greater self-awareness.

With a growing demand for authentic stories and real-world insight, Life Changers TV continues to spotlight individuals who are shaping their industries and redefining what it means to build something meaningful over time.

Arlen's episode will be available soon on Inside Success Network streaming platforms. In the meantime, you can find out more by visiting <https://www.thelifechangerstv.com/arlen-j>

Arlen J.
Life Changers TV
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/918156041>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.