

Plantrician University Opens Its Clinician-Built Nutrition Curriculum to the Public

The lifestyle medicine education platform, now home to 45 expert-led courses with new titles added monthly, launches a Health Enthusiast membership.

BOYNTON BEACH, FL, UNITED STATES, June 8, 2026 /EINPresswire.com/ -- [Plantrician University](#), the online education platform of [The Plantrician Project](#), has opened its catalog of clinician-grade nutrition and lifestyle medicine courses to the general public for the first time through a new Health Enthusiast membership. The platform now hosts 45 expert-led courses and adds new titles every month.

For years, Plantrician University trained physicians, allied health professionals, academic faculty, and students in nutrition and lifestyle medicine. The Health Enthusiast membership extends that same curriculum to people without a clinical background who want to apply nutrition science in their own lives, families, workplaces, and communities.

The launch comes as consumers face a flood of conflicting nutrition claims online. Plantrician University was built and vetted by leaders in nutrition and lifestyle medicine, and its courses are designed to help learners separate marketing from evidence and apply what holds up.

"We have seen for years how much evidence-based nutrition education can change outcomes for clinicians and their patients," said Jill Edwards, MS, CEP, DipACLM, Director of Education at The Plantrician Project. "Opening that same education to the public reflects a simple conviction: people making daily decisions about how they and their families eat deserve the same credible, practical instruction we have offered professionals."

Health Enthusiast members receive:

- *The Foundations in Plant-Based Nutrition Certificate
- *All 45 expert-led courses, with new courses added each month
- *Downloadable guides, fact sheets, and practical resources



Plantrician University - from The Plantrician Project



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*Scott Stoll, MD, Co-founder
and Board Chairman of The
Plantrician Project*

*Exclusive webinars and educational events

*Access to a global community of clinicians, students, advocates, and educators

The Health Enthusiast enrollment is available for \$29 per month or \$299 per year. Enrollment is open at

<https://pu.plantricianuniversity.org/healthenthusiast>.

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About Plantrician University:

Plantrician University is the online education platform of The Plantrician Project. Through expert-led courses, certificates, webinars, and downloadable resources, it equips healthcare professionals, students, and lifelong learners to use nutrition and lifestyle interventions to improve human and planetary health.

Tom Dunnam

The Plantrician Project

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