

# Satmar Chassidic Insider Sarah Mushka Goes Viral On Social Media With One Million Views on Marriage and Intimacy

*You Do Not Have To Be Jewish To Learn What This Williamsburg Woman Knows About Desire, Intimacy and What Your Relationship Has Been Missing*

WILLIAMSBURG, NEW YORK, NY, UNITED STATES, June 9, 2026 /EINPresswire.com/ -- A Chassidic

“

I am the woman everyone has an opinion about and nobody has asked. Thirteen years. Eleven children. I have been explained to the world by people who have never sat in my kitchen.”

*Sarah Mushka*

Jewish woman from Williamsburg, Brooklyn has accumulated nearly one million views on Instagram and Facebook without ever showing her face, providing a phone number, or revealing her identity to the public.

Her name is Sarah Mushka. Her image is AI-generated — for obvious reasons. She lives inside one of the most private religious communities in the world and has chosen to remain there. What she has not chosen is silence.

Sarah Mushka has spent thirteen years married to a man

she met twice before their wedding. She has eleven children. She speaks publicly about marriage, intimacy, desire and the realities of Chassidic Jewish life — subjects her community has never discussed openly and that the outside world has consistently misrepresented.

Nearly one million people on Instagram and Facebook stopped to listen.

## A Voice From Inside

The conversation about Orthodox and Chassidic Jewish life has intensified in recent years, driven by documentaries, memoirs and social media accounts produced almost exclusively by people who have left these communities. What has been missing is the perspective of someone who stayed — who examined the life from the inside and chose to remain.

Sarah Mushka is that voice.

"I am the woman everyone has an opinion about and nobody has asked," she says. "Thirteen years. Eleven children. I have been explained to the world by people who have never sat in my

kitchen."

All Clear Publishing announces the release of [The Hole in the Sheet: Myths Everyone Believes and Nobody Asks Me About](#) — Book Two of the Behind The Closed Door series, now available on Amazon in Kindle and paperback.

The book addresses forty-one widely held myths about Chassidic Jewish life — including beliefs about arranged marriage, modesty, intimacy, the role of women and the nature of the community itself — and examines each one from the perspective of a woman who has lived inside all of them for her entire life.

### You Do Not Have To Be Jewish

The Hole in the Sheet has drawn significant interest from readers well beyond the Jewish community. The insights the book offers about desire, long-term relationships and what sustains intimacy across years of marriage have resonated with a broad audience navigating the same questions in their own lives.

"You do not have to be Jewish to need what is in this book," Sarah Mushka has said publicly. "You just have to be honest about what your marriage has been missing."

The book follows Sarah Mushka's debut, [The Secret to Real Intimacy: The Words No One Was Allowed to Speak](#) — Book One of the Behind The Closed Door series, already available on Amazon. That book addressed the silence surrounding desire and intimacy in religious communities and the cost of that silence for women entering marriage without adequate preparation.

Together the two books represent the first time a practicing Chassidic woman has spoken publicly and in depth about the interior life of her community — its marriages, its intimate relationships and the wisdom it holds that the broader world has not had access to.

### A Series In Progress

Behind The Closed Door is a five-book series in development. Books Three, Four and Five are in progress. The series represents a sustained examination of Chassidic life and marriage from the only perspective that has never been heard — the woman who stayed inside and chose to tell the truth about what she found there.

Sarah Mushka maintains complete anonymity consistent with the values of her community. Contact is by email only.

### About Sarah Mushka

Sarah Mushka is a Chassidic Jewish woman, author and social media creator based in

Williamsburg, Brooklyn. She is the author of *The Secret to Real Intimacy* (2026) and *The Hole in the Sheet* (2026), Books One and Two of the *Behind The Closed Door* series, published by All Clear Publishing. Her accounts @SarahMushka on Instagram, @SarahMushka0 on Facebook and @SarahMushka on TikTok have accumulated over one million views.

Images of Sarah Mushka are created with AI.

Sarah Mushka

All Clear Publishing

sarah@sarahmushka.com

Visit us on social media:

[Instagram](#)

[Facebook](#)

[TikTok](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/918267640>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.