



Alsana Expands Its Virtual Eating Disorder Treatment to Serve 40 States Nationwide

LOS ANGELES, CA, UNITED STATES, June 10, 2026 /EINPresswire.com/ -- [At Alsana](#), full recovery is possible — and Alsana believes patients deserve the support to get there. Alsana is proud to share that their soul-hearted [virtual eating disorder treatment](#) has expanded to reach adolescents and adults across 40 states. Because distance should never stand between someone and the brave, beautiful work of healing.

Recovery happens where life happens; Alsana's virtual Partial Hospitalization (vPHP) and Intensive Outpatient (vIOP) programs bring the same clinical integrity and rooted reliability of their in-person centers directly into your home. Alsana is often chosen when patients need a higher level of care but still benefit from maintaining connection to their daily lives, particularly through these virtual programs, evidenced by the fact that 97% of their virtual clients said that being able to continue their journey in their own environment offered a unique and deeply effective treatment experience.

Alsana's multidisciplinary teams provide soul-hearted, trauma-informed [eating disorder care](#) for adults and adolescents of all genders struggling with anorexia, bulimia, BED, ARFID, or co-occurring conditions like anxiety and OCD. Alsana's admissions team is here to help people build a solid foundation of rooted reliability for a fully recovered life.

Alsana believes that with the right support, the future patients deserve will unfold before them. Because every day, their patients deserve flowers.

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