

Downey Dental Arts Explains What to Do When a Crown Feels Loose

Dr. Hamid Barkhordar outlines safe, practical steps patients can take before reaching the dental chair when a crown loosens.

DOWNEY, CA, UNITED STATES, June 10, 2026 /EINPresswire.com/ -- [Downey Dental Arts](#), the full-service [family dental](#) and orthodontic practice led by Harvard- and USC-trained dentist Dr. Hamid Barkhordar, is addressing one of the most common patient concerns it receives: what to do when a dental crown begins to feel unstable before a scheduled appointment can be secured.

A [loose crown](#) is more common than many patients realize, and the way a person responds in the first hours can make a meaningful difference in protecting the underlying tooth. Downey Dental Arts routinely sees patients who waited too long or, worse, attempted aggressive at-home remedies that caused additional damage. The practice wants the Downey community to have clear, trusted guidance they can act on right away.

One of the first questions patients ask is what does a loose crown feel like compared with normal tooth sensitivity or soreness. Dr. Barkhordar explains that the sensation is typically a slight rocking or shifting when biting down, sometimes accompanied by an unusual taste from residual cement dissolving under the crown. That movement, however subtle, signals that the seal between the crown and the prepared tooth has been compromised and that professional attention is needed promptly.

A separate concern the practice frequently hears is whether patients should attempt to remove the restoration themselves. The question of whether my crown is loose should i pull it out comes up often, particularly when the crown feels close to falling off on its own. The answer, Dr. Barkhordar cautions, is almost always no. Removing a crown without professional tools risks fracturing the underlying tooth structure, displacing remaining cement into the gumline, or creating a sharp edge that can lacerate soft tissue. Patients are advised to keep the area clean, avoid chewing on that side, and call Downey Dental Arts for a same-day or next-available emergency appointment.

Downey Dental Arts offers same-day appointment availability specifically for situations like this. The practice uses advanced technology to assess crown integrity, check occlusion, and re-cement or replace restorations efficiently. Affordable payment plans are available for patients who need a new crown rather than a simple re-cement.

Dr. Barkhordar encourages every patient experiencing discomfort to visit the practice's educational blog, where the team has published a detailed, step-by-step resource on managing a loose crown before seeing a dentist. The guide covers temporary over-the-counter cement options, foods to avoid, warning signs that require immediate emergency care, and what to expect during the dental visit itself.

Downey Dental Arts is located at 8077 Florence Ave, Downey, CA 90240, and welcomes new and existing patients from across Southern California. Appointments can be requested by phone or through the practice website at dentistdowney.com.

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