

New Book Reframes Trauma as the Soul's Survival Strategy, Not Its Failure

Soul After Trauma traces the soul from ancient philosophy to modern neuroscience, introducing a groundbreaking framework for healing, reintegration, and hope.

PEACHTREE CITY, GA, UNITED STATES, June 13, 2026 /EINPresswire.com/ -- June 10, 2026

“

We have misread the fragmented soul for too long. It is not broken. The soul fragments to survive trauma; then, when safe, it will reintegrate to heal.”

*Albert Baye Schriber, PhD,
author of Soul After Trauma*

/EINPresswire.com/ -- Philosopher and author Albert Baye Schriber, PhD, has released *Soul After Trauma: A History of the Soul and a New Architecture of Survival, Reintegration and Hope*, a 120-page work that challenges conventional thinking around psychological injury and introduces the Layered Soul Model, a new framework for understanding how the inner self reorganizes after overwhelming experience, and how genuine healing begins.

Drawing from developmental psychology, trauma science, neuroscience, and four decades of philosophical inquiry,

Schriber presents trauma not as personal failure but as the soul's adaptive response to conditions that exceed its capacity to remain whole. Tracing the concept of the soul from ancient breath traditions through Plato, Augustine, Freud, Jung, and modern parts-based healing models, the book argues that fragmentation is not damage; it is survival. The parts of the self that split away under extreme pressure do not disappear; they carry what the whole cannot hold, waiting to be recognized and brought home.

At the center of the book is the Layered Soul Model, Schriber's original contribution to the field. The model maps how the inner self stratifies during chronic or acute trauma, which layers become inaccessible, and how reintegration, not simply symptom management, becomes possible when those layers are approached with patience, philosophical clarity, and compassion. The framework is designed to be useful not only for mental health practitioners and therapists, but for survivors, spiritual caregivers, and anyone who has witnessed the long reach of human suffering.

Soul After Trauma arrives at a moment of growing public awareness around trauma's lasting effects. With trauma-informed care expanding across healthcare, education, and social services, Schriber's work offers a rare synthesis: philosophical rigor paired with clinical relevance and accessible prose. The book is written for survivors, therapists, healers, clergy, and readers who

want to understand not just what trauma does to the mind, but what it does to the soul — and what it means to truly come back.

About Albert Baye Schriber

Albert Baye Schriber, PhD, holds a doctorate in philosophy and brings a rare cross-disciplinary perspective to questions of mind, consciousness, and the human soul. A U.S. Navy electronics veteran and 27-year Hewlett-Packard professional, Schriber has spent decades at the intersection of technology, metaphysics, and the study of human experience. His work explores how ancient philosophical traditions speak to the most urgent questions of modern life — including how people survive, fragment, and find their way back to themselves. He is published through IngramSpark and PublishDrive, and his books are available through major online retailers worldwide. More information is available at www.albertbayeschriber.com.

Book Details:

Title: Soul After Trauma: A History of the Soul and a New Architecture of Survival, Reintegration and Hope

Author: Albert Baye Schriber, PhD

Release Date: June 10, 2026

Pages: 120

Formats: Paperback, Hardcover, eBook

ISBN (Paperback): 978-1-7950842-1-6

ISBN (Hardcover): 978-1-7950842-2-3

ISBN (eBook): 978-1-7950842-0-9

Publisher: IngramSpark / PublishDrive

Available at: www.albertbayeschriber.com and major online retailers

Albert Baye Schriber

Albert Schriber

+1 770-265-5958

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/919342081>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.