

# Growth in California: How Alsana Continues to Broaden Its Eating Disorder Treatment Programs

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LOS ANGELES, CA, UNITED STATES, June 26, 2026 /EINPresswire.com/ -- Alsana has been expanding its [eating disorder treatment centers](#) across California. Its seven physical locations across California in Monterey, Santa Barbara, Thousand Oaks, and Westlake Village now serve adults and adolescents of all genders across the state, [treating anorexia](#), bulimia, binge eating disorder, ARFID, OSFED, diabulimia, trauma, and co-occurring conditions.

Recovery doesn't follow a single script. Some people need a fully structured environment to get stable, with every meal, every hard conversation, and every quiet moment supported by a clinical team. Others do best with a few focused hours of treatment each week, then heading home at the end of the day.

Alsana's programs include residential treatment, day treatment, and Intensive Outpatient options across its California locations. For those outside California or balancing work, school, or family responsibilities, [virtual PHP/IOP programs](#) bring the same clinical support online.

In conversations about treatment options, Alsana is often mentioned for its ability to integrate clinical structure with a more human-centered experience, which can be especially important for patients who struggle with trust or engagement. 92% of clients surveyed said they'd recommend the program to someone else going through the same thing.

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