

Influential Women Features Peggy N. Rahal, M.D., F.C.C.P.: Excellence In Pulmonary, Critical Care, And Sleep Medicine

TROY, MI, UNITED STATES, June 29, 2026 /EINPresswire.com/ -- Board-Certified Physician and Medical Leader Continues to Improve Patient Outcomes Through Expertise, Compassion, and Dedication to Lifelong Learning

Peggy N. Rahal, M.D., F.C.C.P., is a highly respected physician specializing in Pulmonary, Critical Care, and Sleep Medicine who has dedicated nearly two decades to helping patients achieve better health and improved quality of life. Through her clinical expertise, leadership, and commitment to patient-centered care, Dr. Rahal has established herself as a trusted healthcare professional and a recognized leader in her field.



Based in Shelby Township, Michigan, Dr. Rahal serves as Medical Co-Director of Troy Sleep Center, PLC, where she manages a comprehensive clinical practice focused on diagnosing and treating pulmonary, critical care, and sleep-related disorders. Her responsibilities include interpreting diagnostic studies, reviewing patient records, and developing individualized treatment plans designed to meet the unique needs of each patient. Her dedication to delivering high-quality, evidence-based care has earned the respect of both patients and colleagues throughout the region.

In addition to her clinical responsibilities, Dr. Rahal has demonstrated a strong commitment to advancing healthcare through entrepreneurship. For more than a decade, she has owned and operated a medical equipment company, further extending her ability to support patients and improve access to essential healthcare resources. This dual role reflects her passion for enhancing patient outcomes both inside and outside the clinical setting.

Dr. Rahal's distinguished medical career is built upon an exceptional educational foundation. She earned her Doctor of Medicine Degree from Wayne State University School of Medicine before completing her residency in Internal Medicine at Henry Ford Hospital. She subsequently pursued advanced fellowship training in Pulmonary and Critical Care Medicine at Hahnemann University Hospital, where she developed the specialized expertise that continues to define her practice today.

Her commitment to excellence is further reflected in her impressive professional credentials. Dr. Rahal is triple board-certified by the American Board of Internal Medicine in Pulmonary Medicine, Critical Care Medicine, and Sleep Medicine. She is also a Fellow of the American College of Chest Physicians (FCCP), a distinction that recognizes her significant contributions and expertise within the field of pulmonary and critical care medicine.

Throughout her career, Dr. Rahal has remained guided by a strong sense of purpose and dedication to serving others. She attributes much of her success to perseverance, self-belief, and faith in God. While determination and hard work have played important roles in her professional achievements, she also credits her accomplishments to the guidance and blessings she has received throughout her journey.

Medicine has long felt like a calling for Dr. Rahal. Coming from a family without a background in healthcare, she did not follow a traditional path inspired by relatives in the profession. Instead, she developed an early passion for medicine and a deep desire to help others, leading her to pursue a career that has remained both meaningful and fulfilling.

One of the most valuable lessons she has carried throughout her life is the importance of following one's dreams and investing in education. Dr. Rahal believes that education is among the most valuable assets a person can possess because it remains a lifelong resource that cannot be taken away. This philosophy has reinforced her commitment to continuous learning, professional growth, and the pursuit of excellence in every aspect of her work.

The values that guide Dr. Rahal's professional and personal life include perseverance, faith, self-confidence, and a deep appreciation for education. These principles have helped her navigate challenges, achieve professional success, and maintain a steadfast commitment to providing compassionate care to her patients. They also influence the way she approaches relationships with colleagues, staff, and the communities she serves.

Recognized as one of Michigan's Influential Women for 2026, Dr. Rahal continues to inspire others through her leadership, expertise, and unwavering dedication to healthcare. She remains passionate about helping individuals manage breathing disorders, sleep conditions, and complex medical challenges, viewing each patient interaction as an opportunity to make a meaningful difference.

As she continues to advance the fields of pulmonary, critical care, and sleep medicine, Dr. Peggy

N. Rahal remains committed to the principles that have defined her career: service, excellence, compassion, and a lifelong dedication to improving the health and well-being of others.

Learn More about Dr. Peggy N. Rahal:

Through her Influential Women profile, <https://influentialwomen.com/connect/Peggy-Rahal>, or through The Troy Sleep Center at AAIRS Clinic, <https://aairsclinic.com/staff/>

Influential Women

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