

Influential Women Profiles Maria Carrion: Professional Speaker, Certified Life And Success Coach, And Founder Of Maria

AGAWAM, MA, UNITED STATES, July 1, 2026 /EINPresswire.com/ -- Helping Women Reclaim Their Voice, Rebuild Confidence, and Create Purpose-Driven Futures Through Healing, Mindset Work, and Personal Development

Agawam, Massachusetts — Maria Carrion is a professional speaker, certified life and success coach, Certified NLP practitioner and Founder of Maria Carrion Authors Services, an organization dedicated to empowering individuals—particularly survivors of domestic violence—to reclaim their voice and rebuild their lives. Through powerful speaking engagements, coaching programs, and advocacy initiatives, Carrion raises awareness around trauma recovery, inspires resilience, and creates space for meaningful personal transformation. Her mission is centered on helping individuals break free from limiting beliefs and step confidently into purpose-driven futures.



Carrion's work blends lived experience with academic and professional training to deliver a deeply impactful and relatable approach to personal development. She holds a Bachelor's Degree in Psychology from The College of New Rochelle and is certified through the Jay Shetty Certification School, integrating evidence-based psychological principles with coaching methodologies and motivational speaking strategies. This multidisciplinary foundation allows her to guide individuals through healing, mindset shifts, and long-term personal growth.

Through Maria Carrion Authors Services, she also supports individuals in writing and sharing their stories, particularly those who have experienced adversity. Her work as an author and mentor helps clients transform pain into purpose and develop the confidence to express their

truth. Carrion is the author of several works, including *Fighting All Battles Into Success*, *Warriors of Hope*, *Creating a New Mindset and New Habits*, and *Awaken: Embrace the Call to Rise and Lead*. Each publication reflects her commitment to empowering others to rebuild their lives with intention and strength.

Carrion's personal journey is a powerful reflection of perseverance and transformation. She has overcome significant life challenges, including a deeply traumatic experience in her youth involving the loss of her brother, which resulted in a temporary loss of memory for two months and a prolonged period of emotional disconnection from her faith. Over time, through healing, education, and personal development, she rebuilt her foundation and emerged with a renewed sense of purpose.

Today, Carrion attributes her success to a positive mindset and an unwavering ability to adapt in the face of adversity. She emphasizes staying focused on her core mission: impacting as many women as possible and helping them succeed not only professionally but personally. For Carrion, resilience means persistence—continuing forward even during life's most difficult moments and refusing to be defined by setbacks.

Faith, while not always constant throughout her life, has become a guiding force in her journey. She openly acknowledges periods of spiritual disconnection following trauma, but credits her return to faith as a pivotal point in her healing and growth. Alongside faith, Carrion credits psychology as a transformative influence, noting that her academic background significantly deepened her understanding of human behavior and strengthened her relationships, communication, and leadership approach.

In addition to education and lived experience, Carrion has invested heavily in her personal and professional growth. She has participated in coaching, speaking development programs, and leadership communities such as Balm Global and The Connected Leaders Academy for Life. These investments, she notes, have been essential in shaping her mindset, strengthening her discipline, and aligning her with her long-term vision of impact and service.

Carrion emphasizes that her success has also been shaped by mentorship and experiential learning. The best career advice she has received, she explains, comes from a combination of mentors, coaches, and life experiences that collectively reinforced the importance of discipline, resilience, and continuous personal evolution. These lessons have taught her that success is not a destination, but an ongoing process of growth, learning, and commitment to purpose.

As a mentor and speaker, Carrion is passionate about guiding young women entering the personal development and coaching space. Her message is simple yet powerful: never give up on yourself and remain consistent, even when the path becomes challenging. She stresses that current circumstances do not define future potential. Instead, persistence, self-belief, and the willingness to continue showing up are what ultimately determine long-term success.

Carrion identifies self-doubt and external skepticism as two of the most significant challenges facing individuals in her field today. These barriers, she notes, can prevent people from fully stepping into their potential or confidently sharing their voice. However, she also sees a major opportunity within this landscape: the rising demand for authentic, relatable voices in personal development and coaching.

According to Carrion, audiences today are no longer satisfied with surface-level motivation. Instead, they are seeking depth, honesty, vulnerability, and real-life relatability. This shift, she believes, is creating space for deeper impact and more meaningful transformation within the industry.

At the core of Carrion's work are the values of faith, resilience, growth, and service. She remains deeply committed to helping others transform their lives while staying grounded in her own purpose and vision. A strong positive mindset and adaptability define her approach to both life and leadership, allowing her to remain focused on her mission of impacting as many women as possible.

Authenticity and transparency are also central to her philosophy. Carrion openly shares that her faith journey has evolved, including periods of loss and rediscovery following trauma. This honesty, she believes, strengthens her ability to connect with others and reinforce the message that healing and growth are possible, even after profound hardship.

Continuous development remains a cornerstone of her life and work. She actively invests in coaching, speaking training, and professional communities that support her expansion as a leader and advocate. Outside of her professional commitments, Carrion enjoys fishing, bowling, karaoke, and songwriting—creative outlets that reflect her appreciation for expression, balance, and joy.

She is also deeply committed to community connection and advocacy, with a particular focus on domestic violence awareness. Through her work, she seeks to elevate conversations around healing, safety, and empowerment, ensuring that survivors are seen, heard, and supported.

Through her speaking, coaching, writing, and advocacy, Maria Carrion continues to empower individuals to reclaim their voice, rebuild their confidence, and create lives rooted in purpose, strength, and lasting transformation.

Learn More about Maria Carrion:

Through her Influential Women profile, <https://influentialwomen.com/connect/Maria-Carrion> or through her website, <https://www.mariacarrion.com/>

Influential Women

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