



Men's Health Month, June 2026, Unites Communities to Improve the Health of Men and Boys

170 proclamations, bipartisan leadership on Capitol Hill, partners, community fundraising, & educational outreach marked another successful Men's Health Month!

WASHINGTON, DC, UNITED STATES, July 1, 2026 /EINPresswire.com/ -- Men's Health Network (MHN) is proud to celebrate another successful nationwide Men's Health Month (MHM) and International Men's Health Week (IMHW), which is the week leading up to Father's day in America, and which brought together healthcare providers, hospitals, employers, nonprofits, educators, elected officials, volunteers, and community leaders to encourage men and boys to prioritize their health and get their health checks.

Throughout June 2026, organizations across the country promoted preventive care, encouraged routine screenings, hosted health fairs and educational events, shared evidence-based resources, and reminded men that taking care of their health helps families, workplaces, and communities.

This year's theme, "Partners in Care: Advancing Men's Health Through Connection, Education, & Advocacy Across the Lifespan — for Better Lifespans," recognized that improving men's health is a shared responsibility through collaboration among healthcare professionals, policymakers, families, researchers, and community organizations; everyone must stand up and advocate for health and improved health outcomes.

"Men's Health Month succeeds because of the people and organizations that choose to make men's health a priority," said Jennifer Thompson, Vice President of Operations and

A graphic for Men's Health Month 2026. It features the MHN logo at the top left, the year "2026" in bold black text, and "MEN'S HEALTH MONTH" in large orange letters. Below this is a photograph of a family (father, mother, and two children) hugging. At the bottom, there is a blue section with white text detailing the theme and contact information. The text reads: "Men's Health Month Theme: Partners in Care: Advancing Men's Health Through Connection, Education, & Advocacy Across the Lifespan — for Better Lifespans". Contact info includes "Info@MensHealthNetwork.org", "202-543-MHN-1 (6461) ext. 101", and "Men's Health Network, P.O. Box 75972, Washington, D.C. 20013". It also says "Presented By: Men's Health Network".

MHN
Men's Health Network
menshealthnetwork.org

2026

**MEN'S
HEALTH
MONTH**

**Men's Health
Month Theme:**
Partners in Care: Advancing
Men's Health Through
Connection, Education, &
Advocacy Across the Lifespan
— **for Better Lifespans**

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Men's Health Month Digital Media
Toolkit, 2026 Free Resource for
Awareness & Prevention

Communications at MHN. "Whether it was hosting an event, issuing a proclamation, sharing educational resources, supporting public policy, fundraising, or simply encouraging someone to schedule a checkup, every effort helped move men's health forward. We are grateful to everyone who joined us throughout June."

National Recognition for Men's Health Month
Support for MHM continued at every level of government.

This year, 170 official Men's Health Month and Men's Health Week proclamations were issued across the United States, including a Presidential Message recognizing Men's Health Week, gubernatorial proclamations, and recognition from state legislatures, counties, cities, and municipalities.

“

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Jennifer Thompson, VP at MHN

These proclamations help raise awareness of the importance of prevention, early detection, healthy lifestyles, and routine healthcare while encouraging communities to recognize men's health as a public health priority.

The complete collection of proclamations is available at <https://menshealthmonth.org/week/proclamation>

Men's Health on Capitol Hill

Men's Health Month also brought national attention to men's health policy.

The 2026 Congressional Men's Health Event and Congressional Men's Health Caucus Panel Discussion welcomed Members of Congress, healthcare leaders, researchers, advocates, and public health professionals to discuss prevention, education, research, and opportunities to improve health outcomes for men and boys.

The event featured remarks from Congressman Rich McCormick, Congressman Troy Carter, Congressman Ted Lieu, and Congressman Rob Menendez, followed by panel discussions focused on advancing men's health through collaboration and evidence-based public policy.



Men's Health Proclamation for 2026

The conversation also continued around H.R. 7602, the State of Men's Health Act, legislation that would direct the U.S. Department of Health and Human Services to study the state of men's health in America and establish an Office of Men's Health. During Men's Health Month, the legislation continued to receive support from organizations including the American Medical Association (AMA), American Urological Association (AUA), ZERO Prostate Cancer, and additional clinical and advocacy organizations.

Partners Across the Country

Men's Health Month is made possible through the work of organizations that dedicate their time and expertise to improving the health and well-being of men and boys.

Throughout June, hospitals, employers, universities, nonprofit organizations, public health agencies, professional associations, and community organizations hosted health fairs, educational events, workplace wellness activities, webinars, screenings, and awareness campaigns.

MHN also worked alongside partners including the American Sleep Apnea Association's Apnea Partners (ASAP) to expand education around sleep apnea and men's health, while organizations such as the Caregiver Action Network and the American Dental Hygienists' Association helped share preventive health information with their communities.

The organization also recognizes the continued leadership of its Advisory Board, whose members represent medicine, nursing, research, behavioral health, public health, patient advocacy, and health policy. Throughout the year, these experts provide guidance that strengthens MHN's educational programs, policy initiatives, and community outreach.

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Advisory Board Members

About the Advisory Board:
The Advisory Board at Men's Health Network is an invite-only opportunity offered to esteemed professionals across diverse industries, leaders who actively champion the health and well-being of men and boys within their specialty. Men's Health Network's Advisory Board is composed of accomplished leaders academics, medical doctors, lawyers, CEOs, and other top-tier professionals, those who are recognized experts in their fields. This group plays a vital role in advancing MHN's mission by serving as Ambassadors of the men's health movement in every space they occupy, where they live, work, play, and pray.

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Julian L. Gallegos, PhD, MBA, RN, FNP-BC, CNL, FAUNA

Dr. Julian Gallegos is an Assistant Professor and Assistant Head of Graduate Programs at Purdue University School of Nursing, where he leads efforts to advance men's health through education, clinical practice, and research. With over two decades of nursing experience in both military and civilian settings, he brings a unique perspective to health equity, focusing on underserved male populations such as firefighters, first responders, and veterans.

He developed the MANifest Health Theory to explore how masculinity and occupational identity influence health behaviors, with current research focused on culturally relevant, nurse-led interventions for male firefighters. He also helped lead Men's Health Nursing across the finish line as a formally recognized specialty, advancing its national Scope and Standards of Practice through the American Nurses Association recognition process.

Clinically, he serves as a men's health nurse practitioner in rural Indiana at North Central Nursing Clinics. Nationally, he contributes to policy and education through roles with the American Nurses Credentialing Center, the American Association for Men in Nursing, and advisory positions with Men's Health Network and Healthy Men, Inc. A published author and national speaker, Dr. Gallegos is committed to mentoring future nurse leaders and strengthening equitable care models for underserved men.

TODAY STARTS
MEN'S HEALTH WEEK

This year, we're supporting emotional well-being through connection & shared care.

[Support Loved Ones](#)
[Share Health Concerns](#)

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Everything you need to have an impactful health-forward conversation this June!

[MensHealthMonth.org](#)

International Men's Health Week (IMHW)
2026 - June 15–21, 2026: Uplifting Fatherhood

MHN also thanks its volunteer Ambassadors, who represented men's health in communities across the country by participating in health fairs, community events, educational outreach, and local awareness efforts throughout Men's Health Month.

Special recognition is extended to MHN's Advisory Board members Dr. Julian Gallegos and Dr. Matt Curry for their continued leadership in advancing men's health nursing and strengthening the clinical foundation supporting men's health care. Their work, alongside colleagues across the nursing profession, continues to improve education, professional standards, and care for men and boys.

Communities Took Action

Communities across the country found meaningful ways to support Men's Health Month.

The Binghamton University [Rugby](#) Football Club, led by Fundraising Chair Elijah Brown, challenged approximately 20 to 25 players to collectively run 1,000 miles while raising funds and awareness throughout June. The campaign raised \$1,230, with proceeds supporting both Men's Health Network's year-round education and advocacy efforts and the university's rugby program.

In New Jersey, Shoreline Harley-Davidson partnered with Men's Health Network during its Father's Day Fuel & Flavor + Great American Ride celebration. The event combined family activities, local businesses, motorcycles, live entertainment, and a community fundraiser supporting men's health awareness.

Throughout the month, MHN also continued expanding educational resources through initiatives such as My Cancer, My Plan, the Certified Men's Health Educator™ (CMHE) program, the [Ambassador Program](#), webinars, podcasts, and new patient education materials developed in collaboration with healthcare and community partners.

Reaching More People Through Media

Men's Health Month reached audiences well beyond individual events and communities.

Throughout the campaign, Men's Health Network distributed national press releases recognizing the start of Men's Health Month, International Men's Health Week, and the continued momentum surrounding men's health initiatives. These announcements were distributed through national newswire services, indexed by major search engines and AI platforms, and shared through professional media databases used by journalists, healthcare organizations, and policymakers. They were also republished by hundreds of television stations, newspapers, online publications, and regional news outlets across the United States and internationally.

Social media also played an important role throughout June, with partner organizations, healthcare professionals, Ambassadors, Advisory Board members, employers, and community

leaders sharing Men's Health Month resources and encouraging preventive care through their own networks.

Looking Ahead

While Men's Health Month is observed each June, improving the health and well-being of men and boys remains a year-round effort.

Men's Health Network will continue working alongside healthcare organizations, policymakers, researchers, employers, community leaders, and volunteers to expand educational resources, strengthen public-private partnerships, support evidence-based policy, and encourage more men to seek preventive care and make informed decisions about their health.

Jennifer Thompson

Men's Health Network

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