

New Therapeutic Salt Cave Opens in Mashpee Commons, Expanding Access to Authentic Halotherapy on Cape Cod

Salt Cave Inc. completes Pura Salt Cave in Mashpee Commons, offering authentic halotherapy in a fully climate-controlled therapeutic environment.

MASHPEE, MA, UNITED STATES, July 8, 2026 /EINPresswire.com/ -- Salt Cave Builder, a nationwide

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Dr. Margaret Smiechowski

designer and builder of therapeutic Himalayan salt caves and salt rooms, has completed the construction of Pura Salt Cave, a new climate-controlled salt therapy facility located in Mashpee Commons. The new wellness destination expands access to professionally engineered halotherapy for residents and visitors in the Upper Cape region.

Pura Salt Cave will offer therapeutic salt cave sessions, ionic foot baths, massage therapy, and a variety of

wellness events designed to promote relaxation and overall well-being.

According to Dr. Margaret Smiechowski, founder of Salt Cave Inc. and one of the pioneers of engineered Himalayan salt caves in the United States, the new location helps meet the growing demand for authentic salt therapy on Cape Cod.

"During the summer months, traveling from Mashpee and the surrounding communities to Orleans can be challenging because of Cape Cod traffic," said Dr. Smiechowski. "Many people have asked us to build another OceanAir Himalayan Salt Cave in the area. Instead, Andrea approached us with the vision of creating her own salt cave, and we were excited to help bring that vision to life."

Dr. Smiechowski said the completed project was engineered to recreate the unique microclimate found in natural therapeutic salt caves through a combination of full salt coverage, climate control, and calibrated halotherapy equipment.

"The room is fully climate controlled and carefully calibrated to maintain the proper

environmental conditions needed for authentic salt therapy," she said.

As interest in halotherapy continues to grow throughout the United States, Dr. Smiechowski encourages consumers to learn how a therapeutic salt cave is engineered before choosing a facility. A profe

"Not every room with Himalayan salt is designed to provide authentic salt therapy," she said. "A professionally engineered salt cave should combine three essential elements: complete salt coverage on the walls to create a therapeutic microclimate, climate control that maintains safe and consistent environmental conditions, and a properly calibrated salt generator that disperses pharmaceutical-grade dry salt into the air."



Newly completed Pura Salt Cave in Mashpee Commons, designed and constructed by Salt Cave Inc., provides an authentic, climate-controlled halotherapy environment for relaxation and wellness.

"When a salt cave is functioning properly, visitors should leave feeling refreshed and may notice a slight salty taste on their lips," Dr. Smiechowski explained. "They should not leave covered in salt dust. Excessive salt accumulation on clothing often indicates that the room is not properly engineered or maintained."

According to Salt Cave Builder, Pura Salt Cave was constructed using the same engineering principles the company has refined through years of designing custom salt caves across the United States. Every element of the environment, from salt placement and airflow to humidity and temperature control, was designed to support a stable therapeutic microclimate.

The opening of Pura Salt Cave provides residents of Mashpee, Falmouth, and surrounding Cape Cod communities with a new destination for professionally engineered halotherapy without having to travel to the Lower Cape.

Salt Cave Inc. specializes in the custom design and construction of residential and commercial salt caves throughout the United States. The company works with wellness centers, medical practices, spas, resorts, and private homeowners to create authentic Himalayan salt therapy environments engineered for both aesthetics and performance.

For more information about designing or building a professional salt cave or salt room, visit www.saltcavebuilder.com or contact Salt Cave Inc. at (802) 770-3138.

About Salt Cave Inc.

Salt Cave Builder designs and builds custom Himalayan salt caves and salt rooms throughout the United States. Founded by Dr. Margaret Smiechowski, the company has spent more than two decades developing engineered salt therapy environments that combine handcrafted design, climate control, and calibrated halotherapy technology to recreate the unique microclimate found in natural therapeutic salt caves.

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