

Phoenix Family Law Firm Breaks Down the Most Common Family Court Matters Facing Valley Families

Benjamin Legal outlines what divorce, custody, support, and paternity cases generally involve, and why families increasingly want different levels of legal help

PHOENIX, AZ, UNITED STATES, July 13, 2026 /EINPresswire.com/ -- Family law affects more Arizona households than almost any other area of the legal system, yet many Phoenix families entering the process for the first time are unsure what their matter will entail. Benjamin Legal, P.C., a [family law firm based in Phoenix](#), is sharing an overview of the matters that Valley families most commonly bring to family court, along with the misunderstandings the firm most often encounters.

Divorce and Legal Separation

Divorce remains the most common reason families interact with the court system in Maricopa County. Many people expect the legal side to be the hardest part; what often surprises them is how many financial, parenting, and practical decisions become intertwined during the process. The firm notes that a significant share of divorces are ultimately resolved by agreement rather than at trial, and that couples in uncontested cases increasingly seek flat-fee or self-guided options rather than traditional hourly representation.

Child Custody and Parenting Time

Disputes over legal decision-making and parenting time are among the most emotionally difficult matters in family court. Arizona courts generally focus on the best interests of the child and, depending on the circumstances, may consider factors such as each parent's relationship with the child and the child's need for stability. The firm observes that parents often benefit from understanding that custody is not a contest to be won but an arrangement the court shapes around the child's well-being.

Child Support and Modifications



Benjamin Legal Team

Support questions rarely end when an order is signed. Job changes, income shifts, and the rising cost of living in the Phoenix area lead many parents to revisit existing orders. Courts may consider modifications when circumstances have changed substantially, though every situation is evaluated on its own facts. The firm finds that a common misunderstanding involves parents assuming they can informally change support arrangements between themselves without court involvement, which can create complications later.

Paternity

For unmarried parents, establishing paternity is often the first legal step toward enforceable custody, parenting time, and support arrangements. Many Phoenix parents are surprised to learn that being named on a birth certificate does not by itself resolve every legal question, and that formally establishing paternity is generally what allows a court to enter orders both parents can rely on.

Grandparent Rights

A less discussed but recurring issue involves grandparents seeking to preserve relationships with grandchildren after divorce, estrangement, or the loss of a parent. Arizona law provides avenues for grandparents to request court-ordered contact in certain circumstances, though courts generally give significant weight to the decisions of fit parents. The firm notes these cases often carry deep emotional stakes on all sides.

Different Matters, Different Levels of Help

According to Lindsay Benjamin, Founder and CEO of Benjamin Legal, one of the most important shifts in family law is the recognition that not every matter requires the same level of legal service. Some families need full representation; others need professionally prepared documents; and many self-represented Arizonans simply need to understand what their case involves. The firm now serves all three groups through traditional representation, flat-fee document preparation at [FileFamilyLaw.com](https://www.FileFamilyLaw.com), and guided self-representation through [Simple Family Law](https://www.SimpleFamilyLaw.com). Phoenix families with questions about how Arizona family law may apply to their circumstances can learn more at [benjaminlegal.com](https://www.benjaminlegal.com).

About Benjamin Legal, P.C.

Benjamin Legal is a family law firm based in Phoenix, Arizona, serving families throughout Arizona and Colorado, including Maricopa County and the greater Phoenix metro area. The firm handles divorce, child custody and parenting time, child support, spousal maintenance, paternity, grandparent rights, mediation, and related family law matters. More information is available at [benjaminlegal.com](https://www.benjaminlegal.com).

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